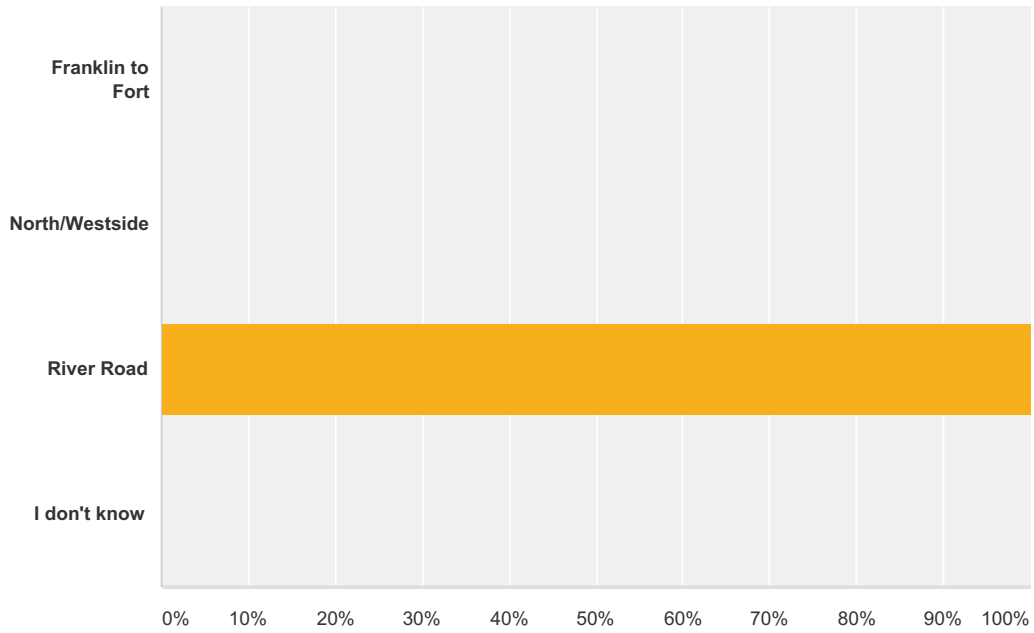


### Q1 Which neighborhood do you live in?

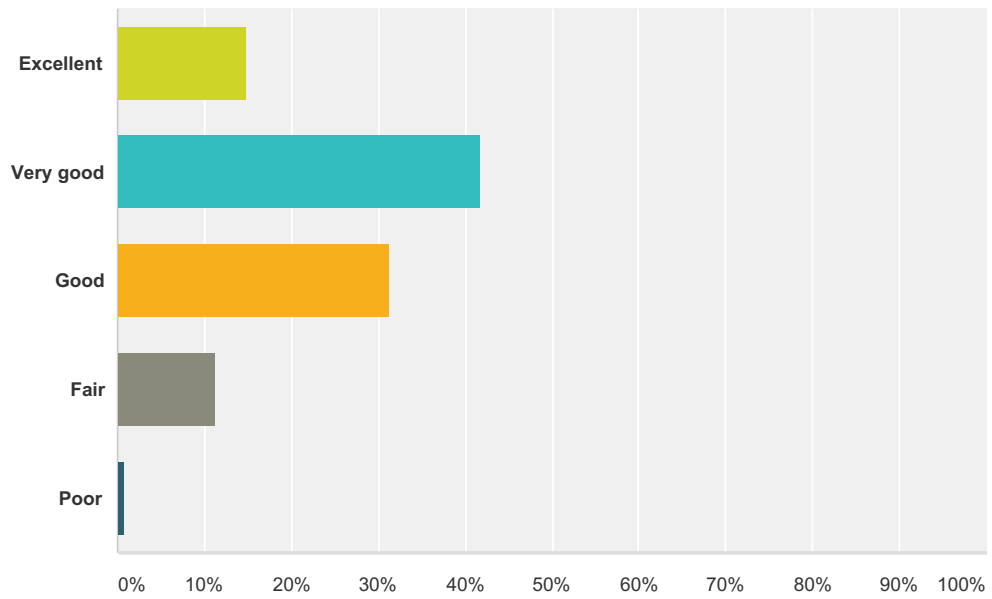
Answered: 115 Skipped: 0



Answer Choices	Responses
Franklin to Fort	0.00% 0
North/Westside	0.00% 0
River Road	100.00% 115
I don't know	0.00% 0
<b>Total</b>	<b>115</b>

## Q2 How would you describe your health?

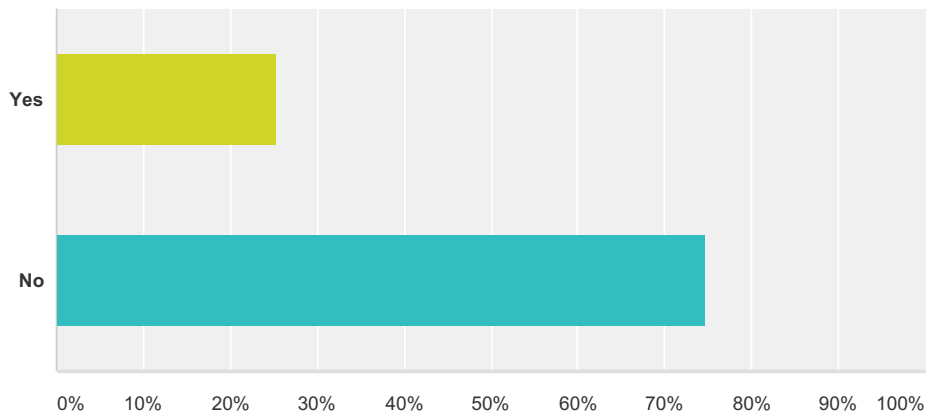
Answered: 115 Skipped: 0



Answer Choices	Responses
Excellent	14.78% 17
Very good	41.74% 48
Good	31.30% 36
Fair	11.30% 13
Poor	0.87% 1
<b>Total</b>	<b>115</b>

### Q3 Does anyone in your household smoke or use tobacco?

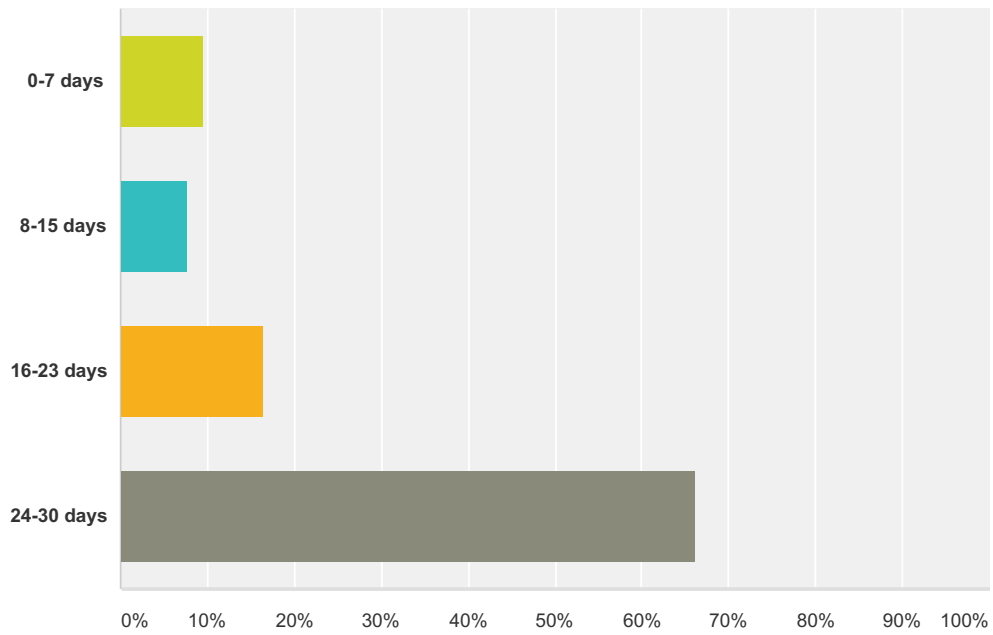
Answered: 115 Skipped: 0



Answer Choices	Responses	
Yes	25.22%	29
No	74.78%	86
<b>Total</b>		<b>115</b>

### Q4 In the past 30 days, how many days did you enjoy good physical health?

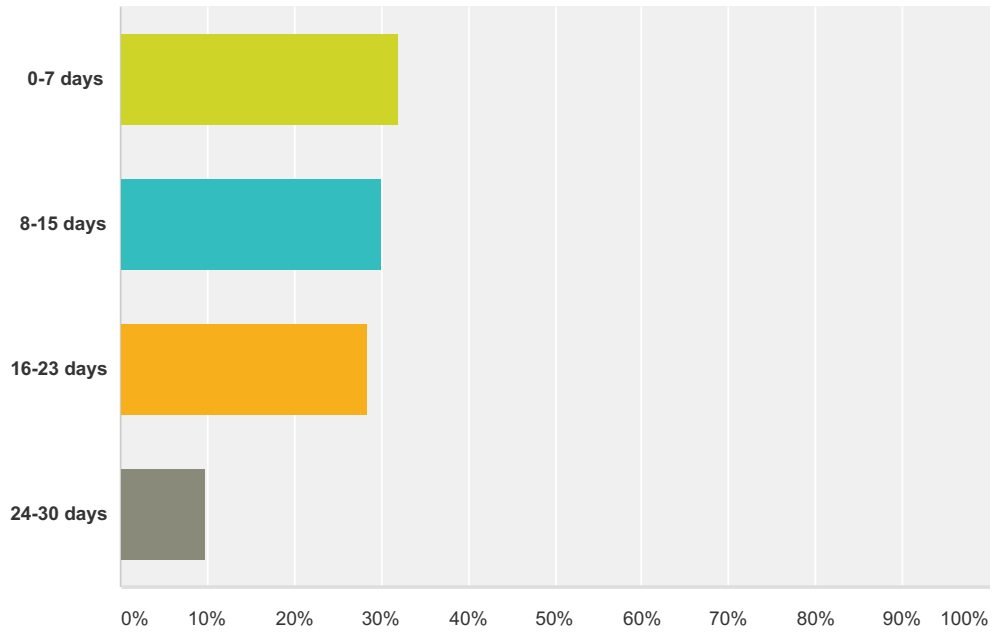
Answered: 115 Skipped: 0



Answer Choices	Responses
0-7 days	9.57% 11
8-15 days	7.83% 9
16-23 days	16.52% 19
24-30 days	66.09% 76
<b>Total</b>	<b>115</b>

### Q5 In the past 30 days, how often did you exercise?

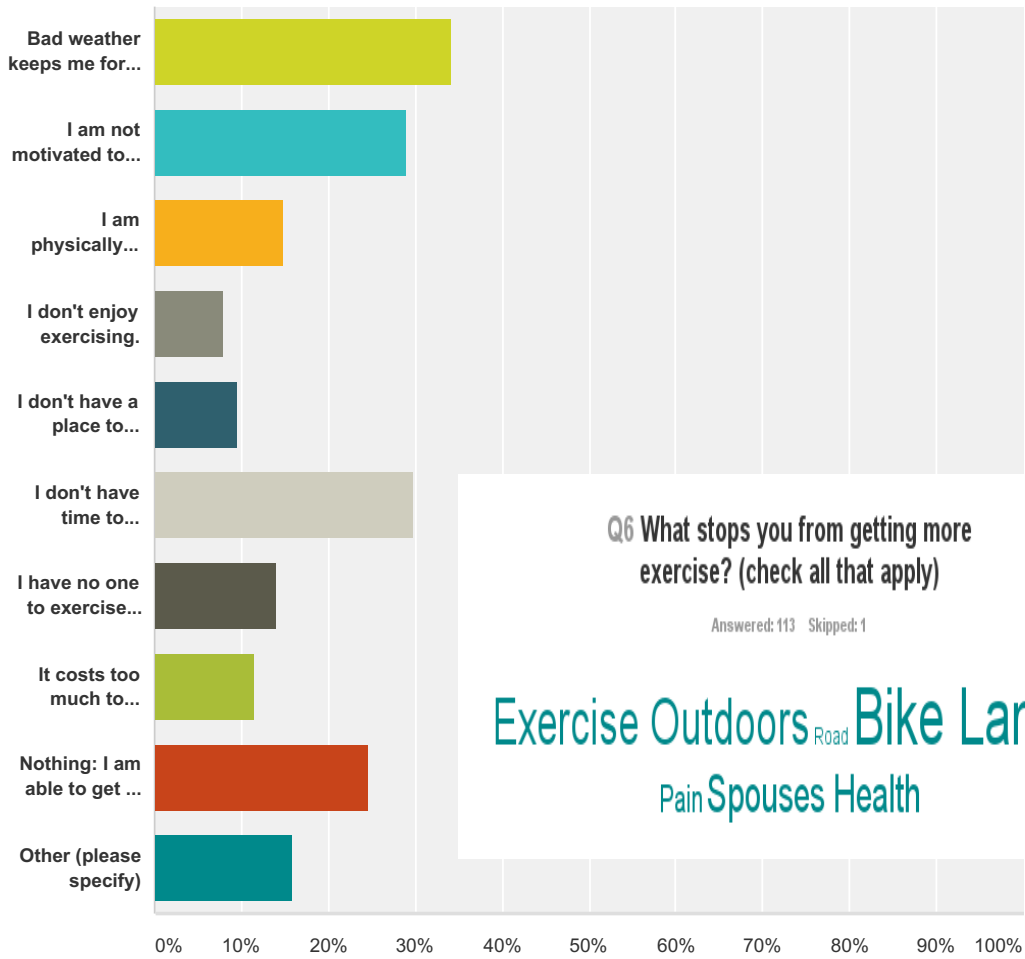
Answered: 113 Skipped: 2



Answer Choices	Responses
0-7 days	31.86% 36
8-15 days	30.09% 34
16-23 days	28.32% 32
24-30 days	9.73% 11
<b>Total</b>	<b>113</b>

### Q6 What stops you from getting more exercise? (check all that apply)

Answered: 114 Skipped: 1



Q6 What stops you from getting more exercise? (check all that apply)  
 Answered: 113 Skipped: 1

Exercise Outdoors Road Bike Lanes  
 Pain Spouses Health

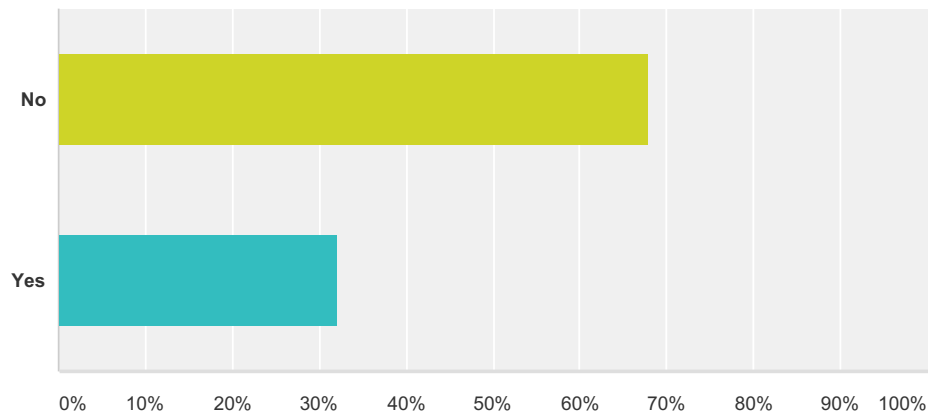
Answer Choices	Responses	Count
Bad weather keeps me form exercising.	34.21%	39
I am not motivated to exercise.	28.95%	33
I am physically unable to exercise.	14.91%	17
I don't enjoy exercising.	7.89%	9
I don't have a place to exercise.	9.65%	11
I don't have time to exercise.	29.82%	34
I have no one to exercise with.	14.04%	16
It costs too much to exercise.	11.40%	13
Nothing: I am able to get the amount of exercise I want/need.	24.56%	28
Other (please specify)	15.79%	18

# Missoula Invest Health Survey

Total Respondents: 114

### Q7 Do you eat 5 servings of fruits and vegetables a day?

Answered: 112 Skipped: 3

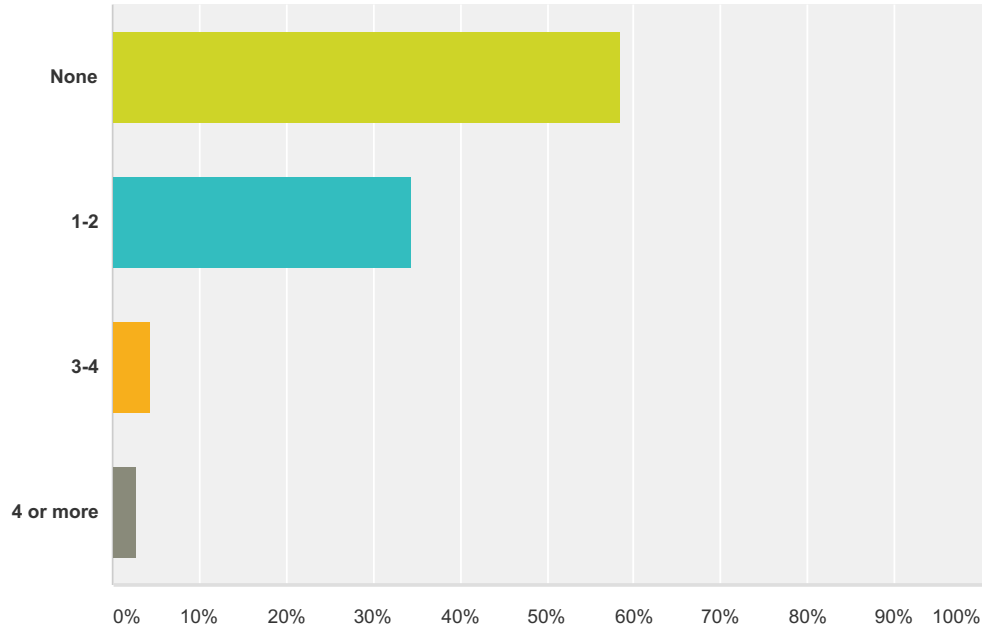


Answer Choices	Responses	
No	67.86%	76
Yes	32.14%	36
<b>Total</b>		<b>112</b>



**Q8 How many sugar-sweetened drinks do you typically drink daily? (including sweetened coffee, sports drinks, etc)**

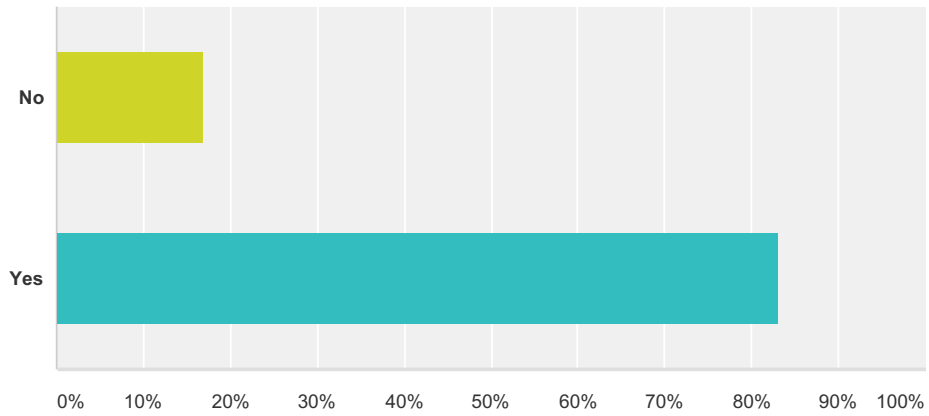
Answered: 113 Skipped: 2



Answer Choices	Responses
None	58.41% 66
1-2	34.51% 39
3-4	4.42% 5
4 or more	2.65% 3
<b>Total</b>	<b>113</b>

### Q9 Do you have primary health care provider?

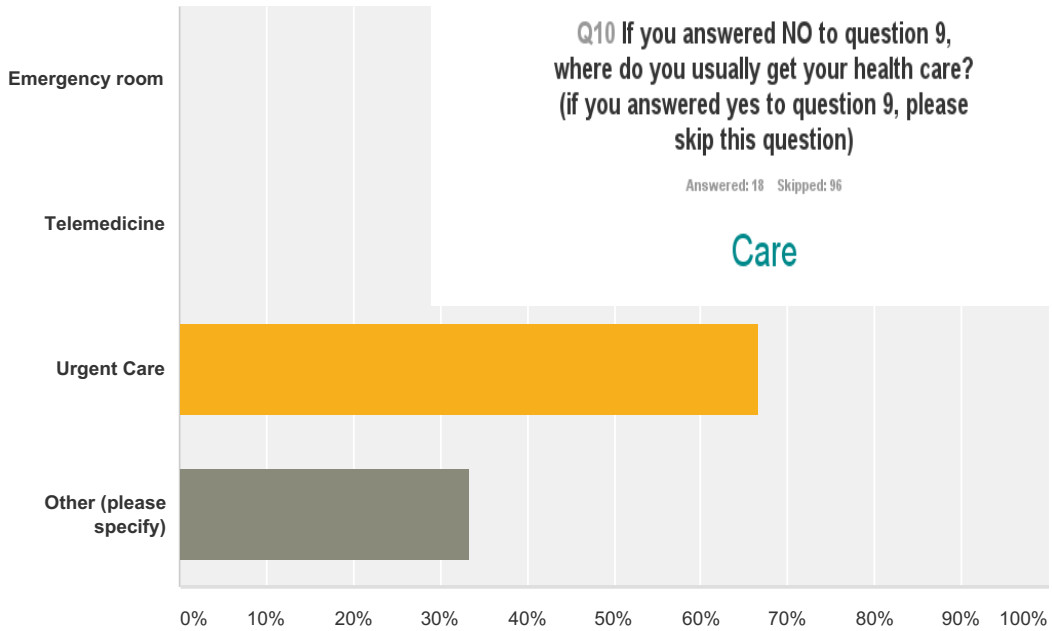
Answered: 112 Skipped: 3



Answer Choices	Responses	
No	16.96%	19
Yes	83.04%	93
<b>Total</b>		<b>112</b>

**Q10 If you answered NO to question 9, where do you usually get your health care? (if you answered yes to question 9, please skip this question)**

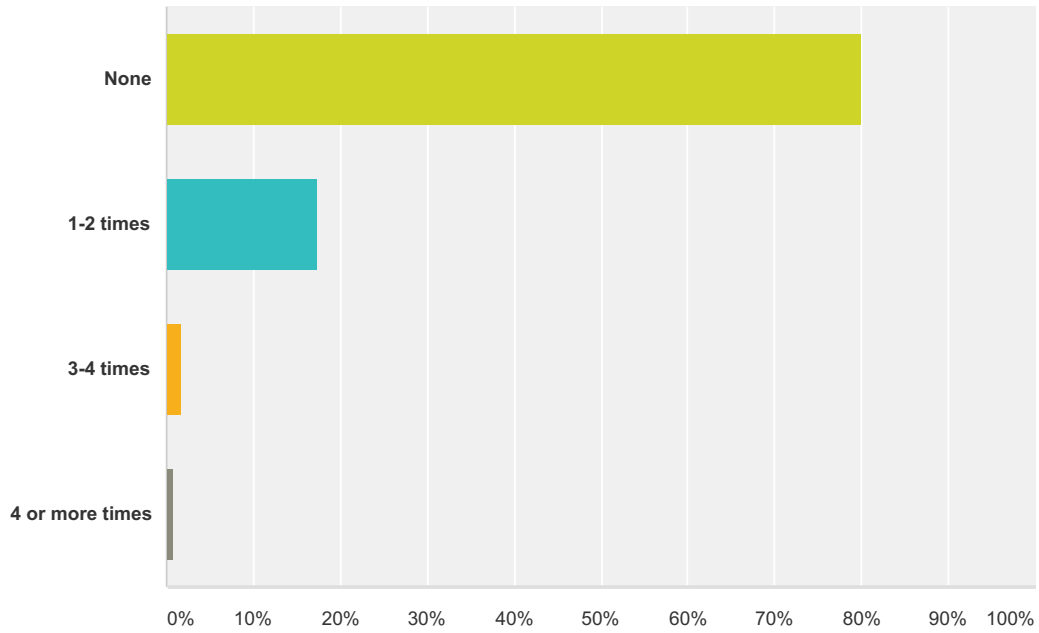
Answered: 18 Skipped: 97



Answer Choices	Responses
Emergency room	0.00% 0
Telemedicine	0.00% 0
Urgent Care	66.67% 12
Other (please specify)	33.33% 6
<b>Total</b>	<b>18</b>

### Q11 In the last 12 months, how many times have you visited the emergency room?

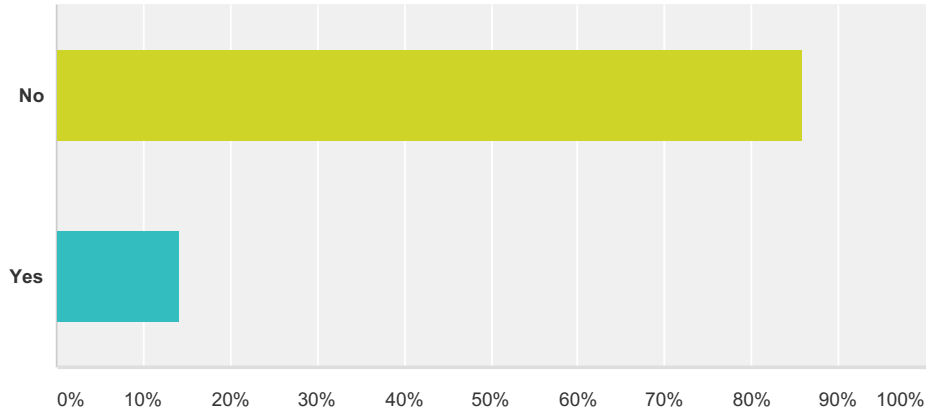
Answered: 115 Skipped: 0



Answer Choices	Responses	Count
None	80.00%	92
1-2 times	17.39%	20
3-4 times	1.74%	2
4 or more times	0.87%	1
<b>Total</b>		<b>115</b>

**Q12 In the last 12 months, was there a time when you needed medical care but did not get it?**

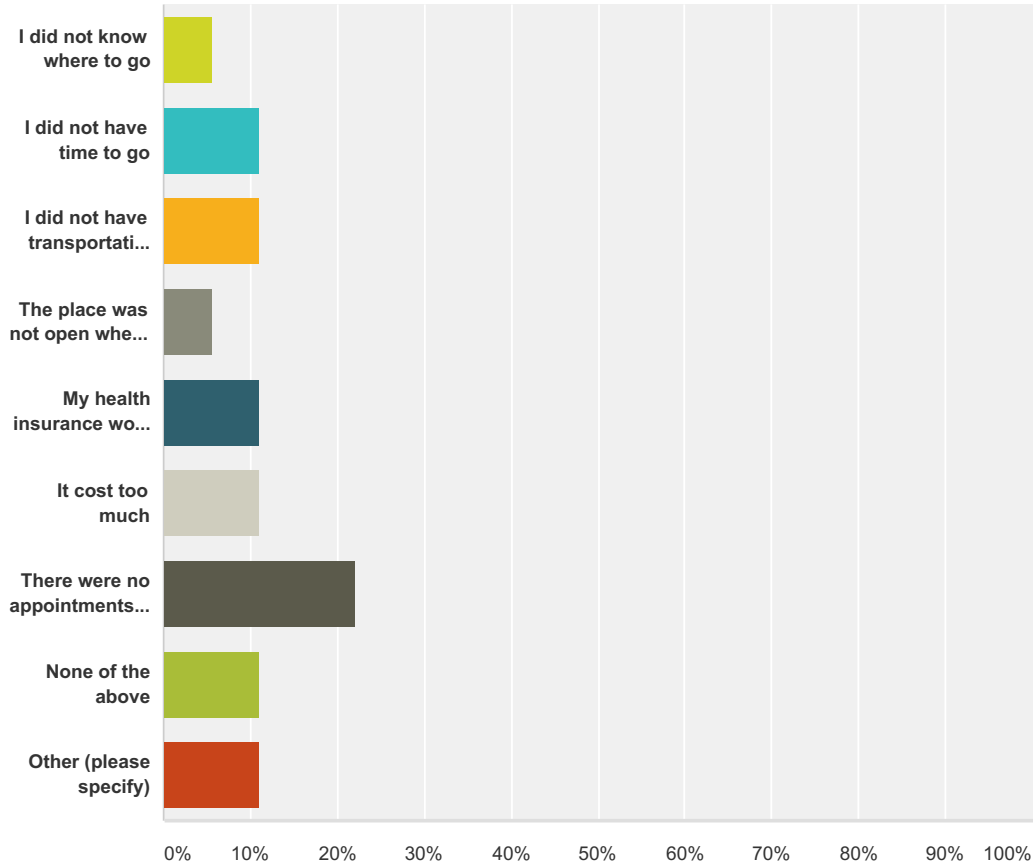
Answered: 113 Skipped: 2



Answer Choices	Responses
No	85.84% 97
Yes	14.16% 16
<b>Total</b>	<b>113</b>

**Q13 If you answered YES to question 12, why did you not get medical care? (if you answered no to question 12, please skip this question)**

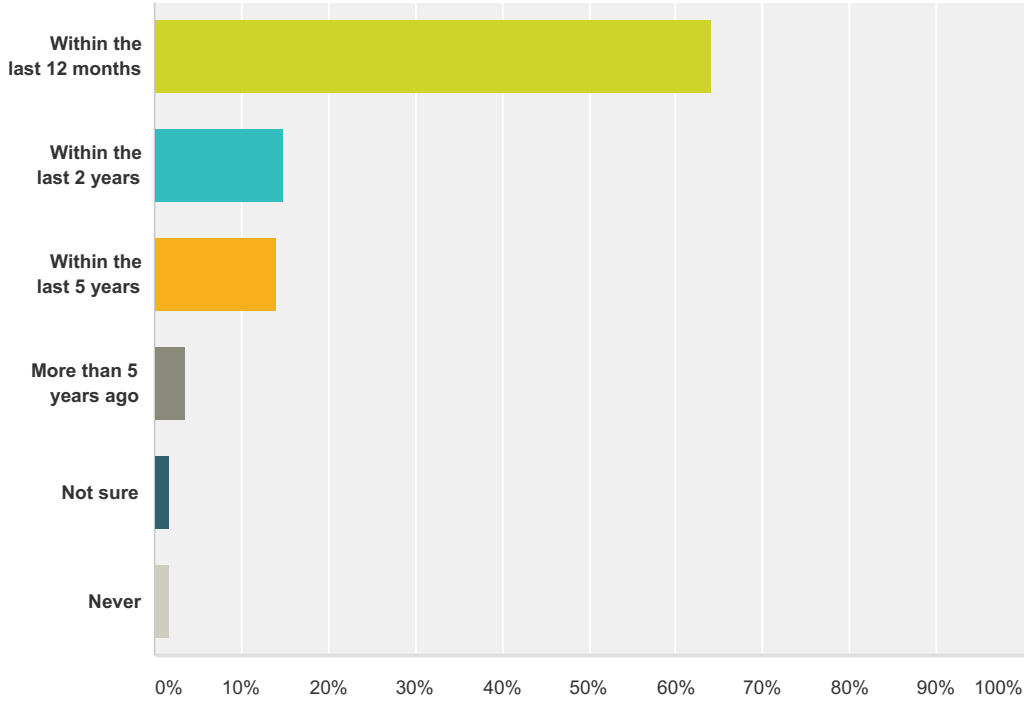
Answered: 18 Skipped: 97



Answer Choices	Responses
I did not know where to go	5.56% 1
I did not have time to go	11.11% 2
I did not have transportation to get there	11.11% 2
The place was not open when I could get there	5.56% 1
My health insurance would not pay for it or cover it	11.11% 2
It cost too much	11.11% 2
There were no appointments available	22.22% 4
None of the above	11.11% 2
Other (please specify)	11.11% 2
<b>Total</b>	<b>18</b>

### Q14 How long has it been since you last visited a dentist or dental clinic for any reason?

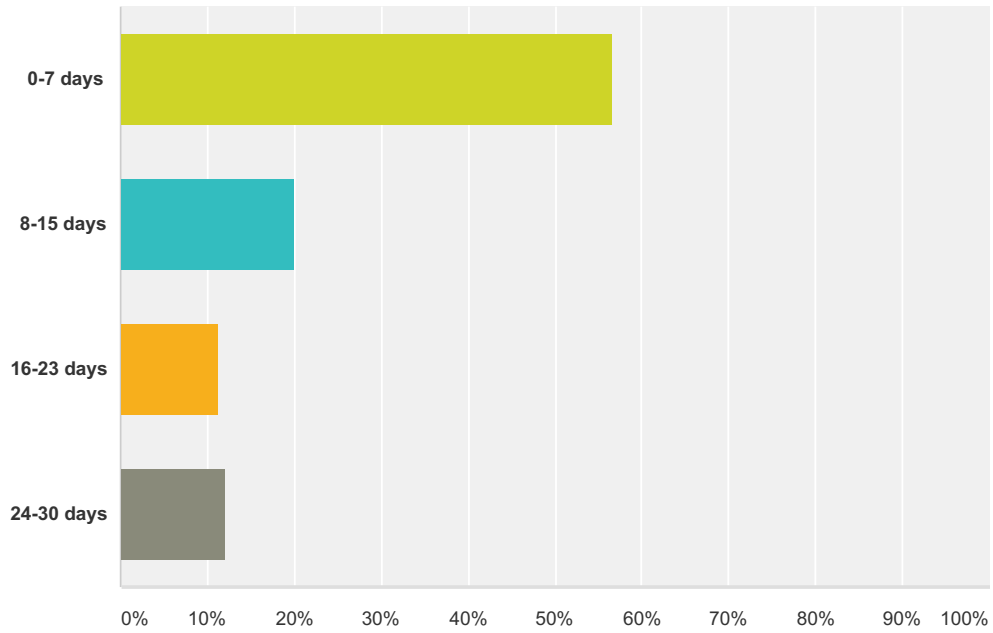
Answered: 114 Skipped: 1



Answer Choices	Responses
Within the last 12 months	64.04% 73
Within the last 2 years	14.91% 17
Within the last 5 years	14.04% 16
More than 5 years ago	3.51% 4
Not sure	1.75% 2
Never	1.75% 2
<b>Total</b>	<b>114</b>

**Q15 In the past 30 days, how often were you worried, tense or anxious?**

Answered: 115 Skipped: 0

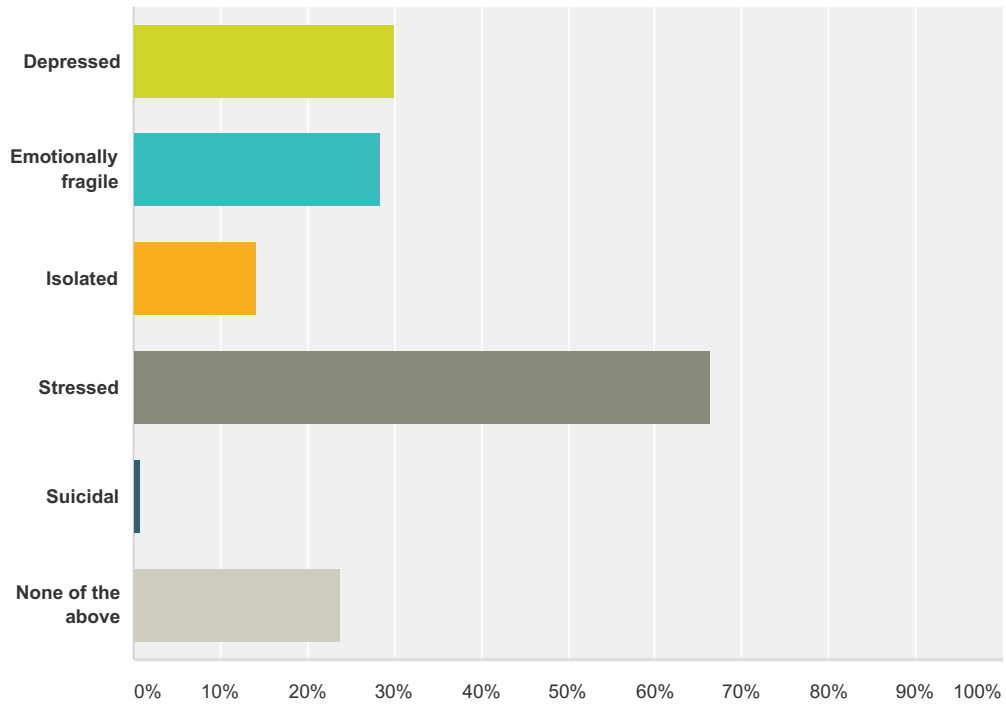


Answer Choices	Responses
0-7 days	56.52% 65
8-15 days	20.00% 23
16-23 days	11.30% 13
24-30 days	12.17% 14
<b>Total</b>	<b>115</b>



**Q16 In the past 90 days have you felt (check all that apply)**

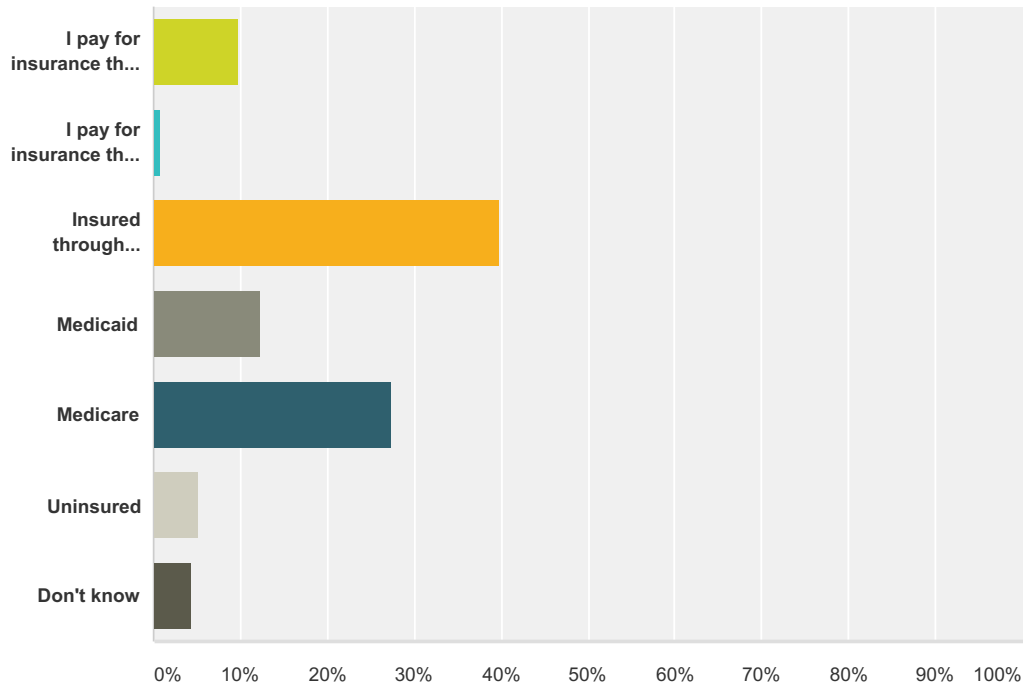
Answered: 113 Skipped: 2



Answer Choices	Responses	
Depressed	30.09%	34
Emotionally fragile	28.32%	32
Isolated	14.16%	16
Stressed	66.37%	75
Suicidal	0.88%	1
None of the above	23.89%	27
<b>Total Respondents: 113</b>		

### Q17 Which of the following best describes your health coverage?

Answered: 113 Skipped: 2



Answer Choices	Responses	
I pay for insurance that I got through the Affordable Care Act ( also known as Health Insurance Exchange, Obamacare)	9.73%	11
I pay for insurance that I setup myself (not through the Affordable Care Act)	0.88%	1
Insured through employer	39.82%	45
Medicaid	12.39%	14
Medicare	27.43%	31
Uninsured	5.31%	6
Don't know	4.42%	5
<b>Total</b>		<b>113</b>

**Q18 If you have multiple health coverage plans list them here:**

Answered: 12 Skipped: 103

**Q18 If you have multiple health coverage plans list them here:**

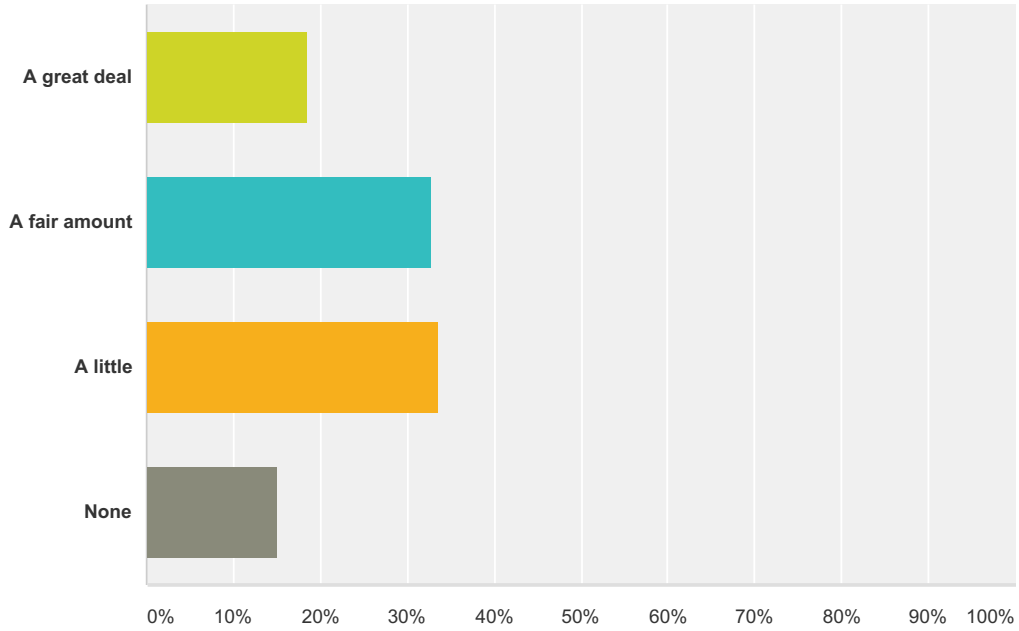
Answered: 12 Skipped: 102

Pay for Insurance that I Set

**Insured through Employer**

**Q19 Over the past 12 months, how much have you thought about ways you can reduce your stress?**

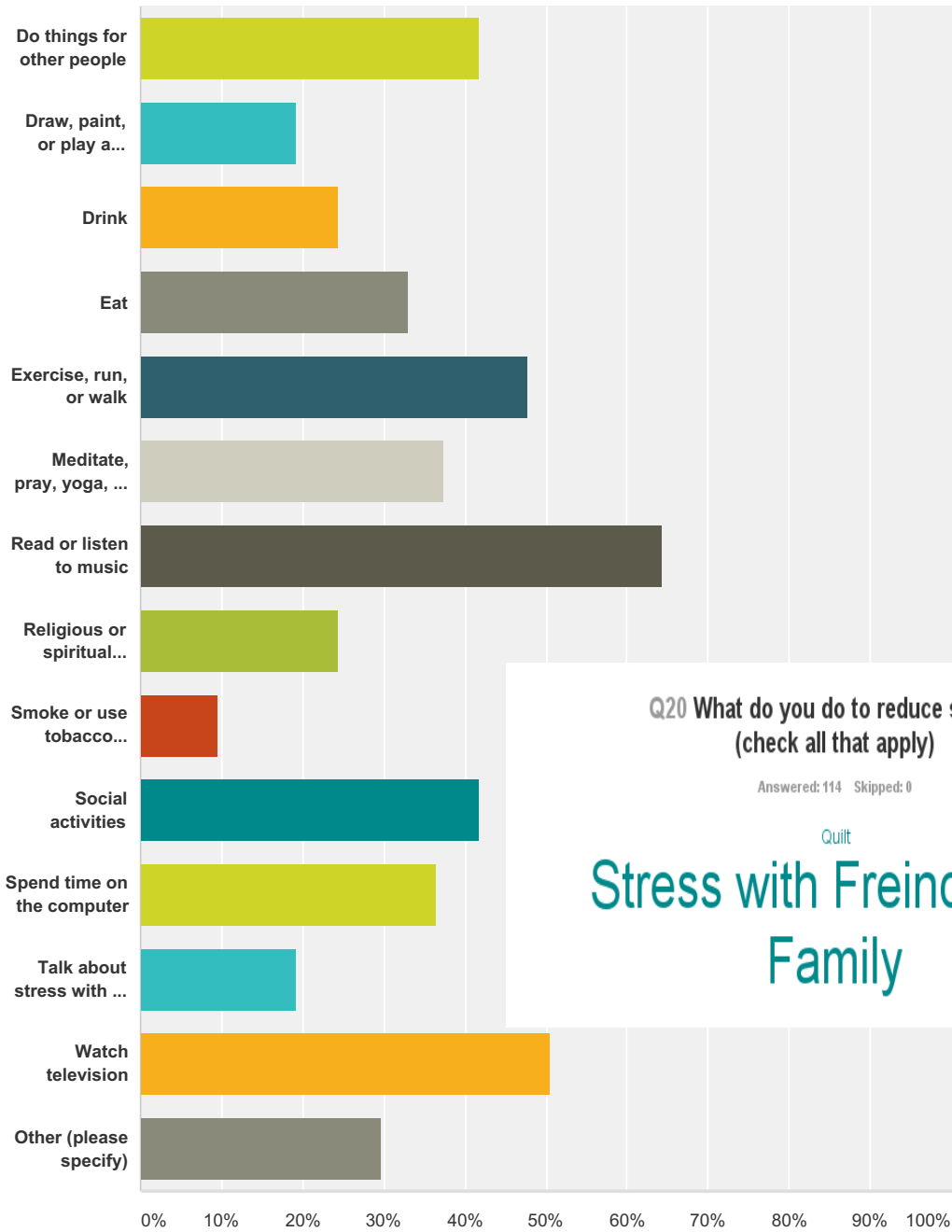
Answered: 113 Skipped: 2



Answer Choices	Responses
A great deal	18.58% 21
A fair amount	32.74% 37
A little	33.63% 38
None	15.04% 17
<b>Total</b>	<b>113</b>

### Q20 What do you do to reduce stress? (check all that apply)

Answered: 115 Skipped: 0



Q20 What do you do to reduce stress?  
(check all that apply)  
Answered: 114 Skipped: 0  
Quit  
**Stress with Freinds and Family**

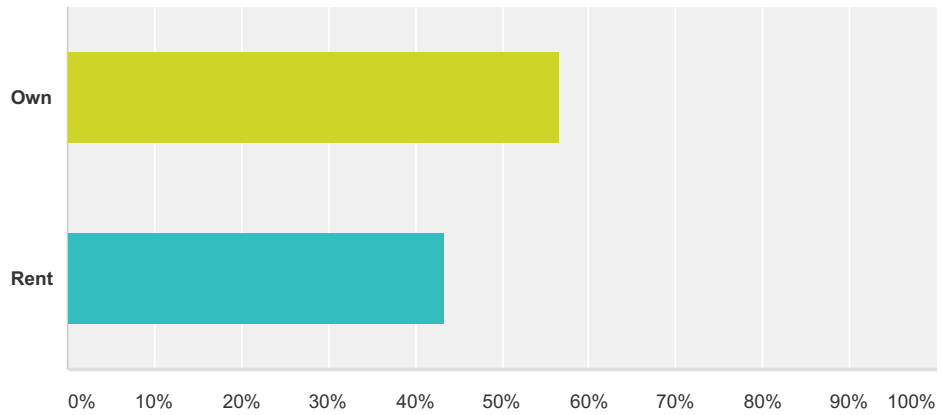
Answer Choices	Responses
Do things for other people	41.74% 48
Draw, paint, or play a musical instrument	19.13% 22
Drink	24.35% 28
Eat	33.04% 38

## Missoula Invest Health Survey

Exercise, run, or walk	47.83%	55
Meditate, pray, yoga, or other restful activity	37.39%	43
Read or listen to music	64.35%	74
Religious or spiritual activity	24.35%	28
Smoke or use tobacco products	9.57%	11
Social activities	41.74%	48
Spend time on the computer	36.52%	42
Talk about stress with a professional counselor or therapist	19.13%	22
Watch television	50.43%	58
Other (please specify)	29.57%	34
<b>Total Respondents: 115</b>		

### Q21 Do you own or rent your home?

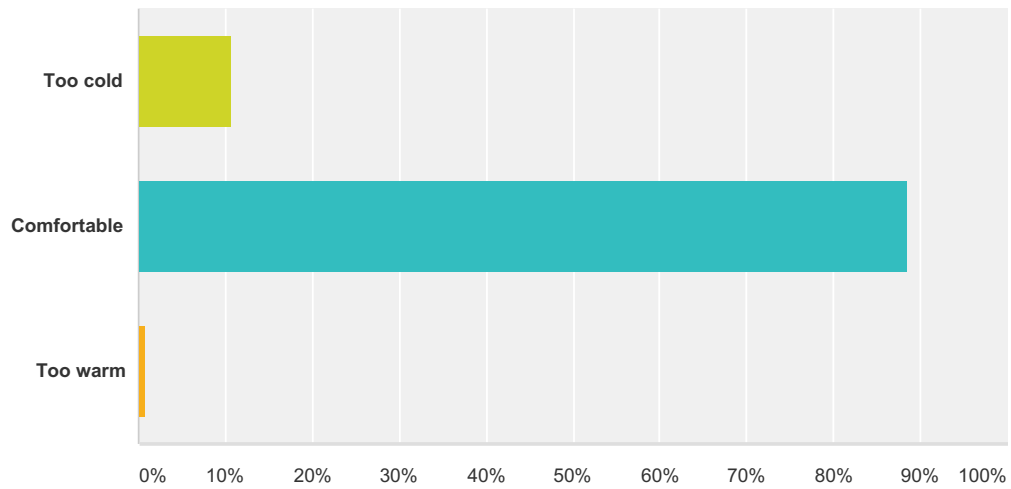
Answered: 115 Skipped: 0



Answer Choices	Responses
Own	56.52% 65
Rent	43.48% 50
<b>Total</b>	<b>115</b>

## Q22 How would you describe your home in the winter?

Answered: 113 Skipped: 2

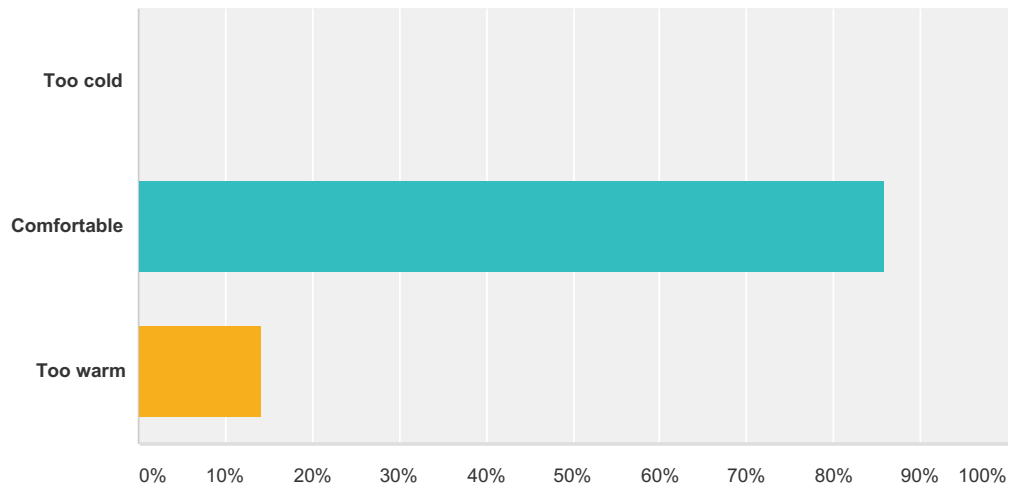


Answer Choices	Responses
Too cold	10.62% 12
Comfortable	88.50% 100
Too warm	0.88% 1
<b>Total</b>	<b>113</b>



### Q23 How would you describe your home in the summer?

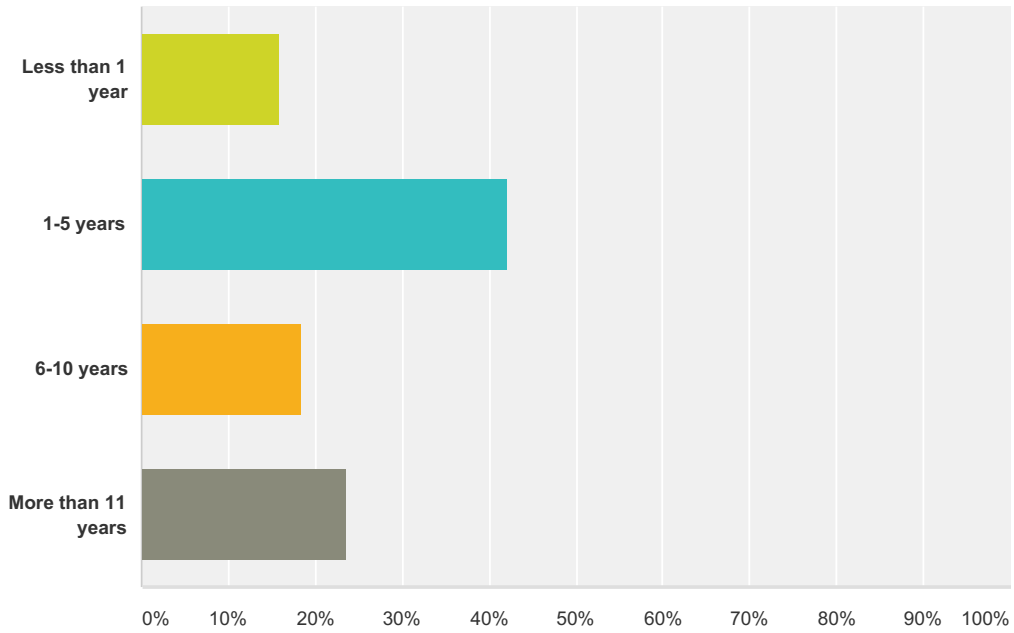
Answered: 113 Skipped: 2



Answer Choices	Responses
Too cold	0.00% 0
Comfortable	85.84% 97
Too warm	14.16% 16
<b>Total</b>	<b>113</b>

### Q24 How long have you lived in your current home?

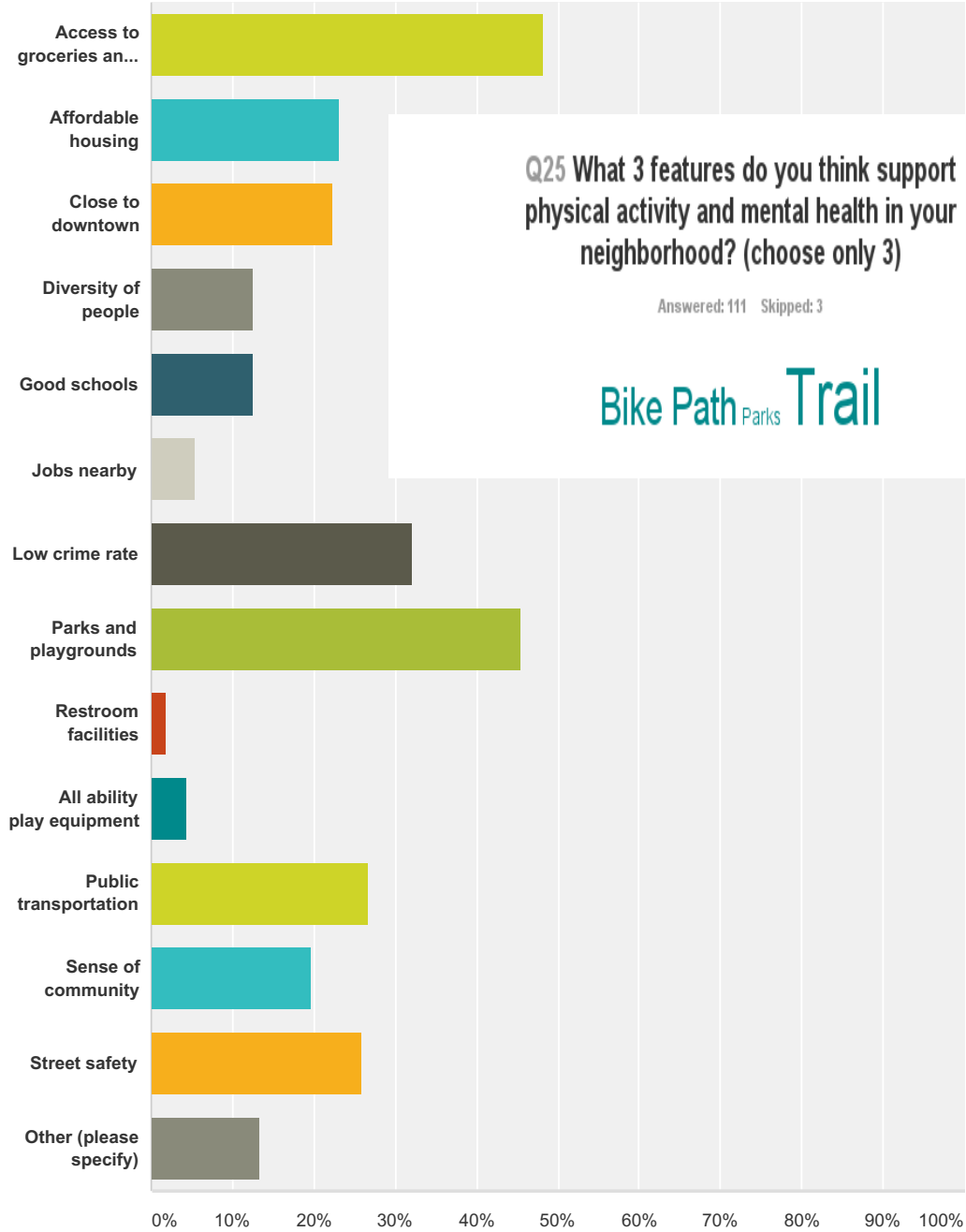
Answered: 114 Skipped: 1



Answer Choices	Responses
Less than 1 year	15.79% 18
1-5 years	42.11% 48
6-10 years	18.42% 21
More than 11 years	23.68% 27
<b>Total</b>	<b>114</b>

### Q25 What 3 features do you think support physical activity and mental health in your neighborhood? (choose only 3)

Answered: 112 Skipped: 3



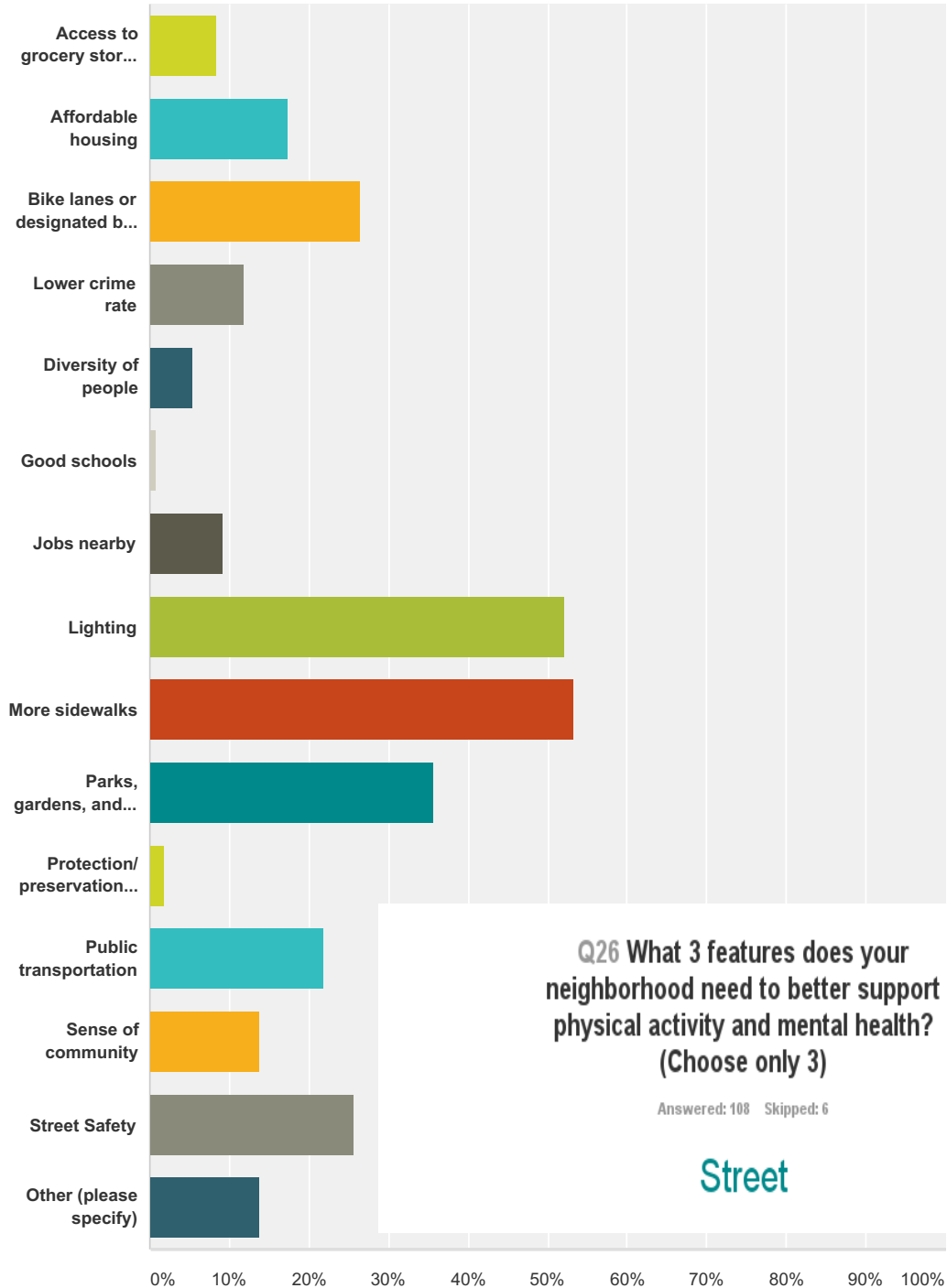
Answer Choices	Responses	Count
Access to groceries and shopping	48.21%	54
Affordable housing	23.21%	26
Close to downtown	22.32%	25

## Missoula Invest Health Survey

Diversity of people	12.50%	14
Good schools	12.50%	14
Jobs nearby	5.36%	6
Low crime rate	32.14%	36
Parks and playgrounds	45.54%	51
Restroom facilities	1.79%	2
All ability play equipment	4.46%	5
Public transportation	26.79%	30
Sense of community	19.64%	22
Street safety	25.89%	29
Other (please specify)	13.39%	15
<b>Total Respondents: 112</b>		

**Q26 What 3 features does your neighborhood need to better support physical activity and mental health? (Choose only 3)**

Answered: 109 Skipped: 6



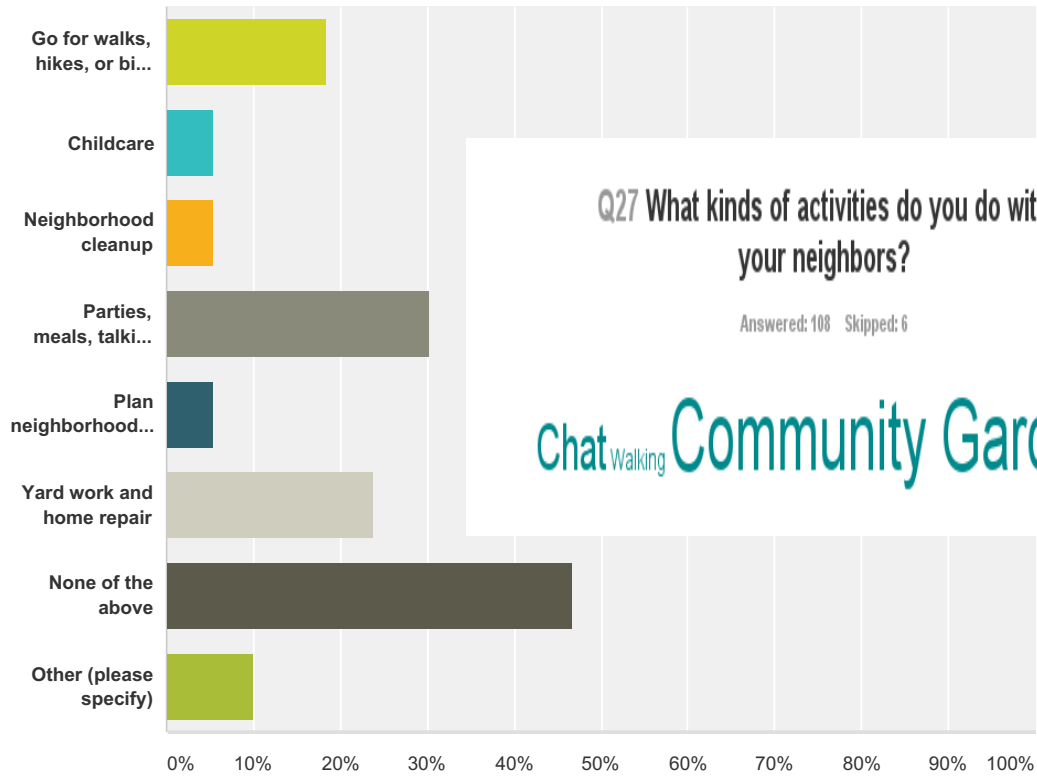
Answer Choices	Responses
Access to grocery stores and other shopping	8.26%

## Missoula Invest Health Survey

Affordable housing	17.43%	19
Bike lanes or designated bike routes	26.61%	29
Lower crime rate	11.93%	13
Diversity of people	5.50%	6
Good schools	0.92%	1
Jobs nearby	9.17%	10
Lighting	52.29%	57
More sidewalks	53.21%	58
Parks, gardens, and open spaces	35.78%	39
Protection/ preservation of historic houses and buildings	1.83%	2
Public transportation	22.02%	24
Sense of community	13.76%	15
Street Safety	25.69%	28
Other (please specify)	13.76%	15
<b>Total Respondents: 109</b>		

### Q27 What kinds of activities do you do with your neighbors?

Answered: 109 Skipped: 6



Q27 What kinds of activities do you do with your neighbors?

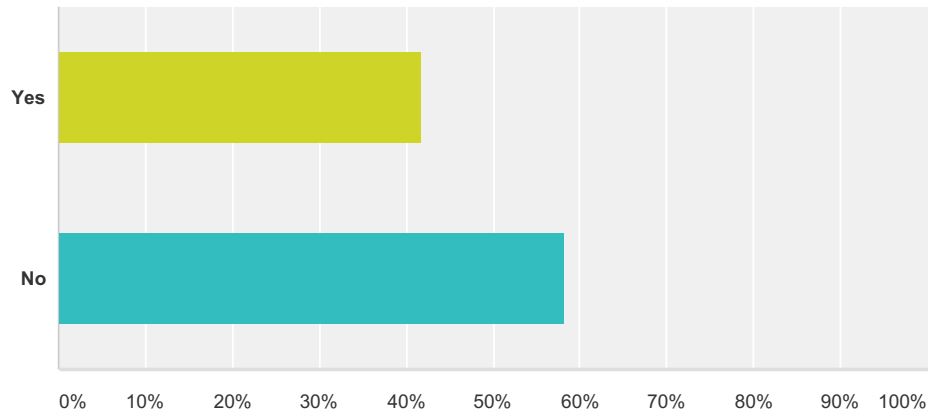
Answered: 108 Skipped: 6

ChatWalking Community Garden

Answer Choices	Responses
Go for walks, hikes, or bike rides	18.35% 20
Childcare	5.50% 6
Neighborhood cleanup	5.50% 6
Parties, meals, talking, ect.	30.28% 33
Plan neighborhood activities	5.50% 6
Yard work and home repair	23.85% 26
None of the above	46.79% 51
Other (please specify)	10.09% 11
<b>Total Respondents: 109</b>	

### Q28 Do you grow some of your own food?

Answered: 110 Skipped: 5

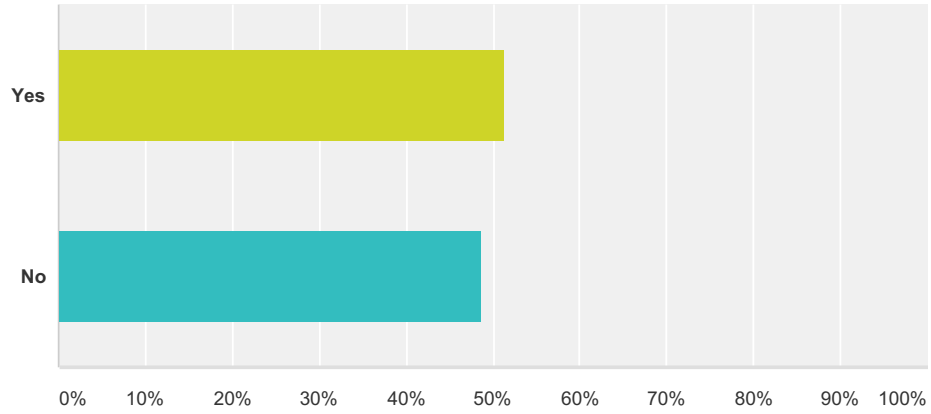


Answer Choices	Responses	
Yes	41.82%	46
No	58.18%	64
<b>Total</b>		<b>110</b>



**Q29 During the last 12 months, have you gone to a supermarket or grocery store with 5 blocks of your home?**

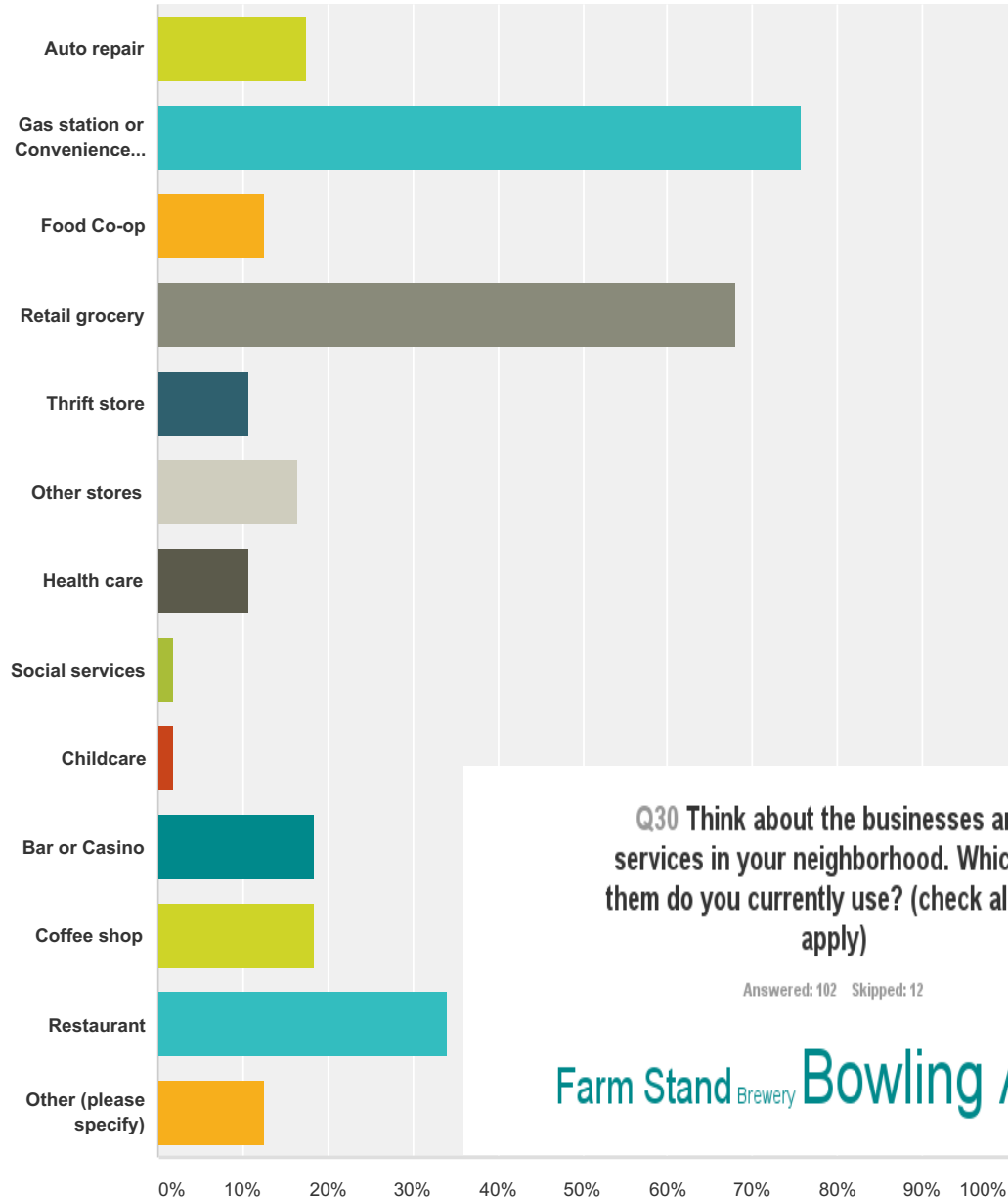
Answered: 107 Skipped: 8



Answer Choices	Responses	
Yes	51.40%	55
No	48.60%	52
<b>Total</b>		<b>107</b>

**Q30 Think about the businesses and services in your neighborhood. Which of them do you currently use? (check all that apply)**

Answered: 103 Skipped: 12



**Q30 Think about the businesses and services in your neighborhood. Which of them do you currently use? (check all that apply)**

Answered: 102 Skipped: 12

Farm Stand Brewery Bowling Alley

Answer Choices	Responses
Auto repair	17.48% 18
Gas station or Convenience store	75.73% 78
Food Co-op	12.62% 13
Retail grocery	67.96% 70

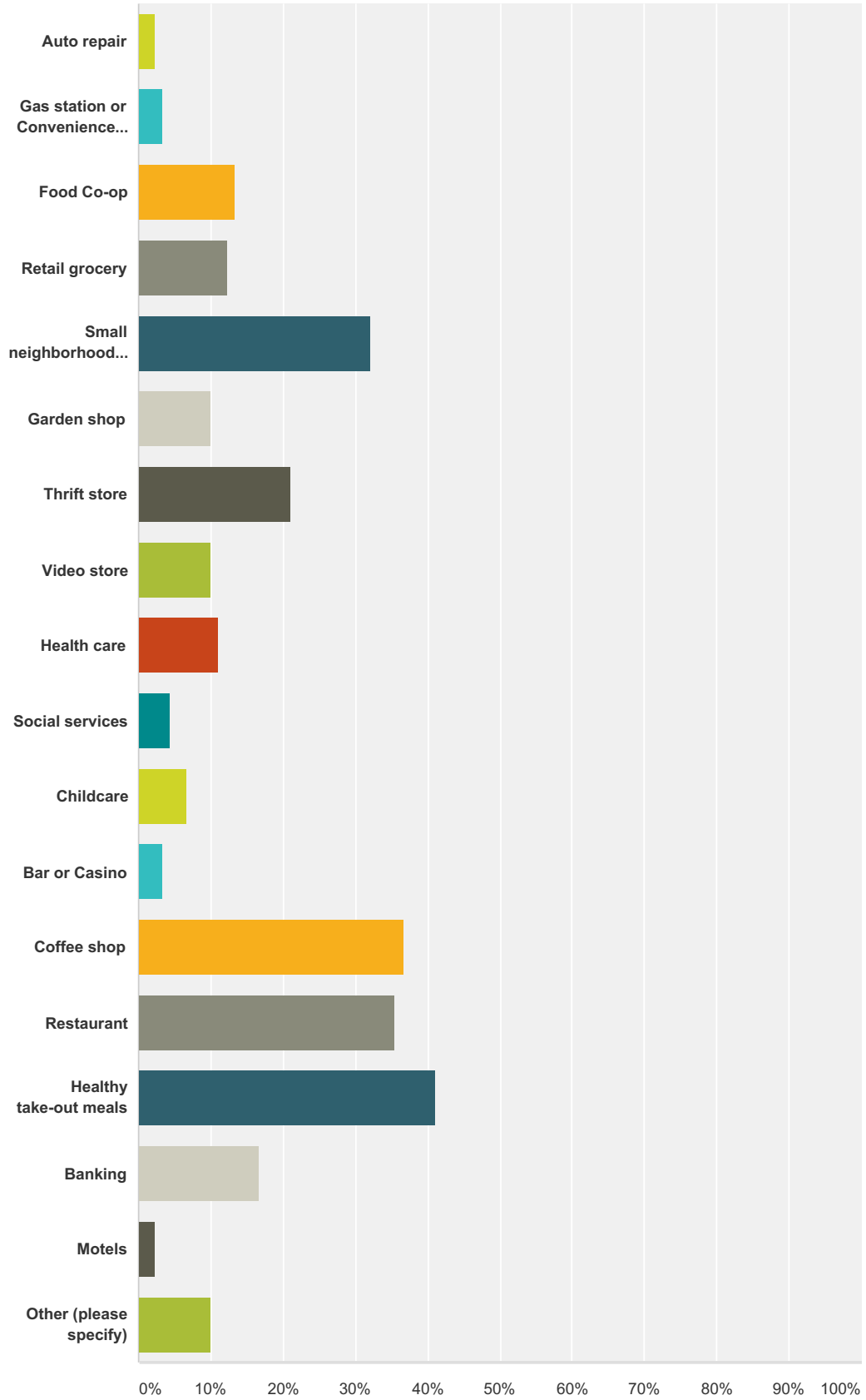
## Missoula Invest Health Survey

Thrift store	10.68%	11
Other stores	16.50%	17
Health care	10.68%	11
Social services	1.94%	2
Childcare	1.94%	2
Bar or Casino	18.45%	19
Coffee shop	18.45%	19
Restaurant	33.98%	35
Other (please specify)	12.62%	13
<b>Total Respondents: 103</b>		

**Q31 Which of these types of businesses and services would you like to see in your neighborhood? (check all that apply)**

Answered: 90 Skipped: 25

# Missoula Invest Health Survey



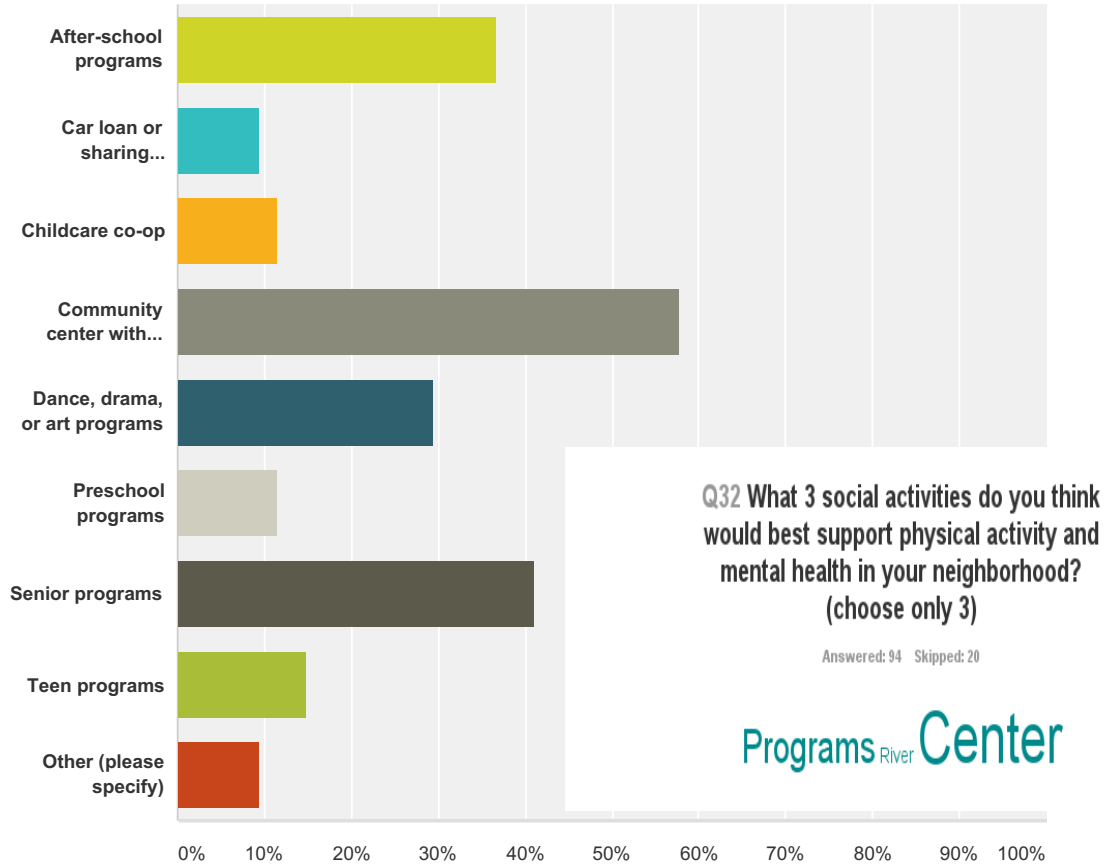
Answer Choices	Responses
Auto repair	2.22% 2

## Missoula Invest Health Survey

Gas station or Convenience store	3.33%	3
Food Co-op	13.33%	12
Retail grocery	12.22%	11
Small neighborhood grocery	32.22%	29
Garden shop	10.00%	9
Thrift store	21.11%	19
Video store	10.00%	9
Health care	11.11%	10
Social services	4.44%	4
Childcare	6.67%	6
Bar or Casino	3.33%	3
Coffee shop	36.67%	33
Restaurant	35.56%	32
Healthy take-out meals	41.11%	37
Banking	16.67%	15
Motels	2.22%	2
Other (please specify)	10.00%	9
<b>Total Respondents: 90</b>		

### Q32 What 3 social activities do you think would best support physical activity and mental health in your neighborhood? (choose only 3)

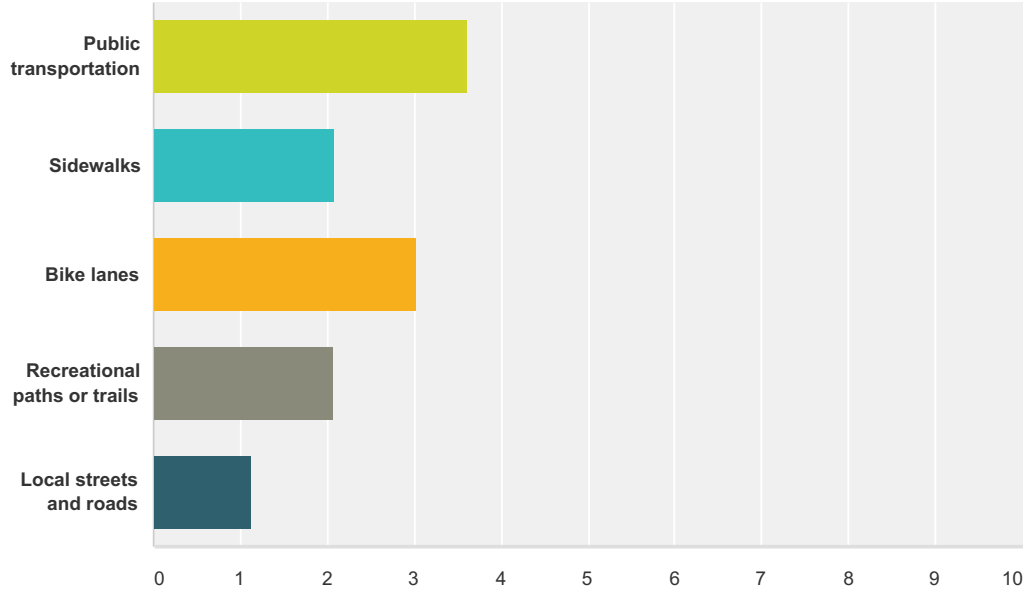
Answered: 95 Skipped: 20



Answer Choices	Responses
After-school programs	36.84% 35
Car loan or sharing programs	9.47% 9
Childcare co-op	11.58% 11
Community center with space for physical activity	57.89% 55
Dance, drama, or art programs	29.47% 28
Preschool programs	11.58% 11
Senior programs	41.05% 39
Teen programs	14.74% 14
Other (please specify)	9.47% 9
<b>Total Respondents: 95</b>	

**Q33 During the last 12 months, how often did you use each of the following near where you live:**

Answered: 110 Skipped: 5

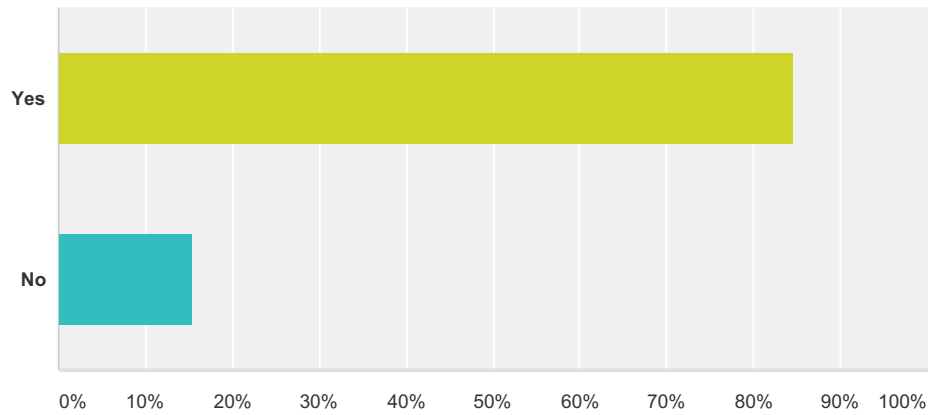


	Often	Sometimes	Rarely	Never	Not near me	Total	Weighted Average
Public transportation	3.77% 4	11.32% 12	16.04% 17	57.55% 61	11.32% 12	106	3.61
Sidewalks	49.54% 54	23.85% 26	8.26% 9	4.59% 5	13.76% 15	109	2.09
Bike lanes	29.91% 32	5.61% 6	14.02% 15	33.64% 36	16.82% 18	107	3.02
Recreational paths or trails	49.54% 54	17.43% 19	13.76% 15	14.68% 16	4.59% 5	109	2.07
Local streets and roads	91.82% 101	5.45% 6	1.82% 2	0.91% 1	0.00% 0	110	1.12



**Q34 During the last 12 months, have you gone to a park, playground, or other green space?**

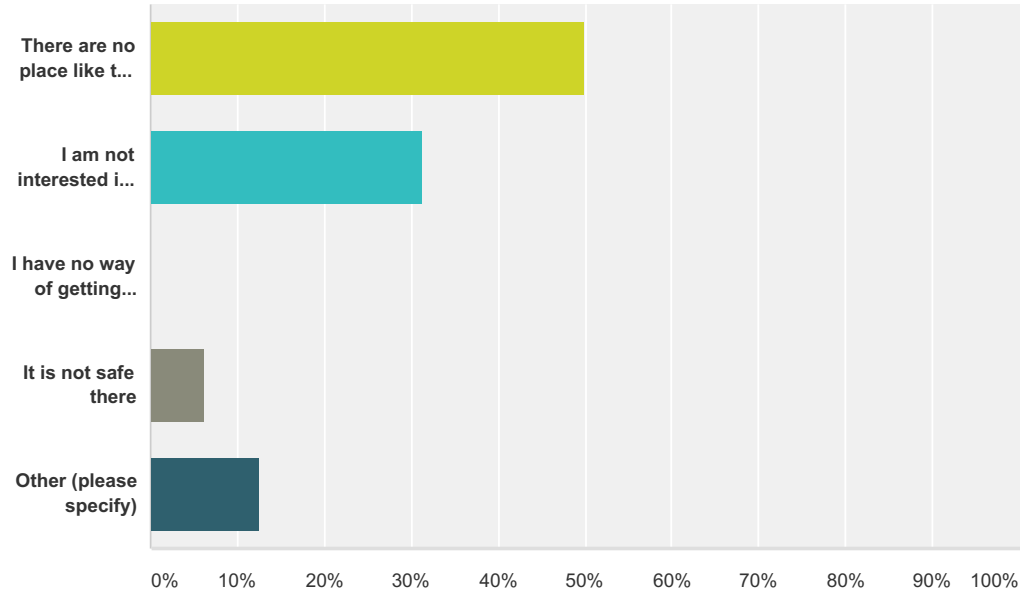
Answered: 103 Skipped: 12



Answer Choices	Responses	
Yes	84.47%	87
No	15.53%	16
<b>Total</b>		<b>103</b>

**Q35 If you answered NO, what is the major reason you did not go to a park, playground, or green space? (if you answered yes to the previous question, please skip this question)**

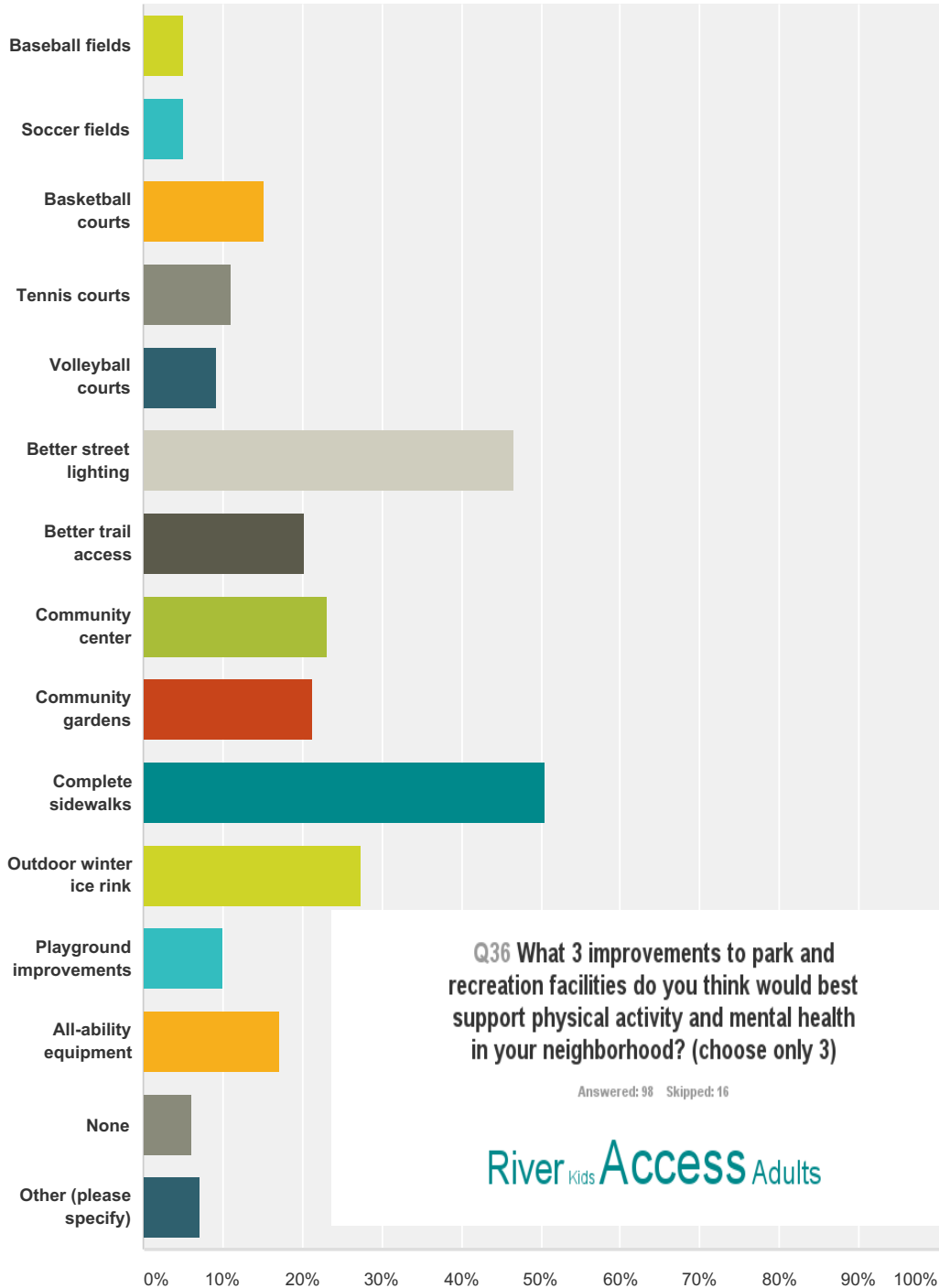
Answered: 16 Skipped: 99



Answer Choices	Responses
There are no place like that near me	50.00% 8
I am not interested in going	31.25% 5
I have no way of getting there	0.00% 0
It is not safe there	6.25% 1
Other (please specify)	12.50% 2
<b>Total</b>	<b>16</b>

**Q36 What 3 improvements to park and recreation facilities do you think would best support physical activity and mental health in your neighborhood? (choose only 3)**

Answered: 99 Skipped: 16



**Q36 What 3 improvements to park and recreation facilities do you think would best support physical activity and mental health in your neighborhood? (choose only 3)**

Answered: 98 Skipped: 16

River Kids Access Adults

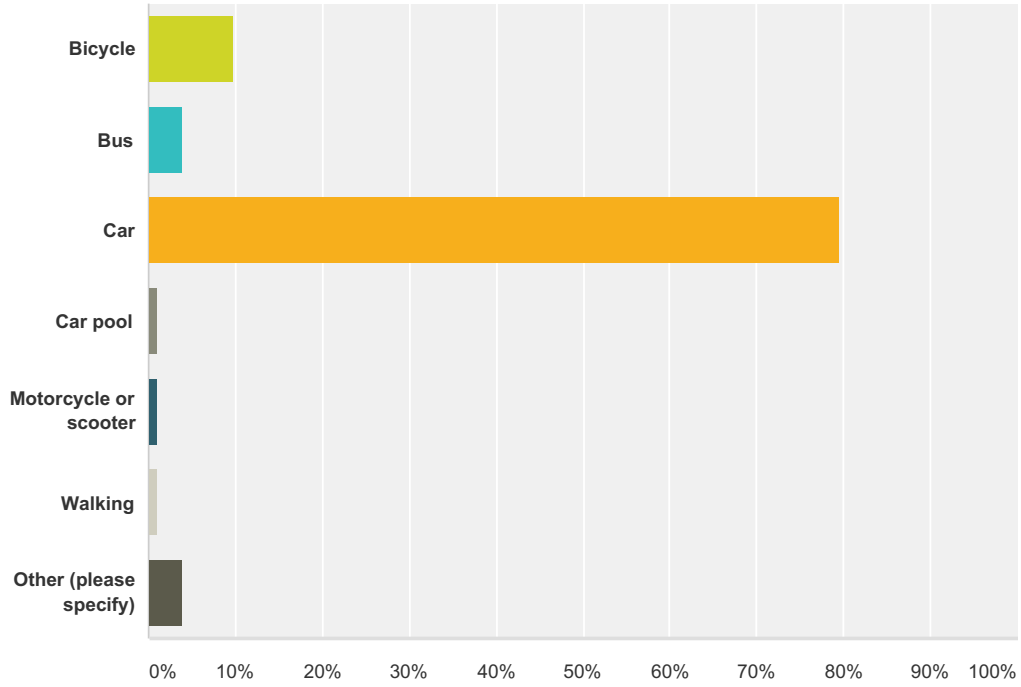
Answer Choices	Responses
Baseball fields	5.05%

## Missoula Invest Health Survey

Soccer fields	5.05%	5
Basketball courts	15.15%	15
Tennis courts	11.11%	11
Volleyball courts	9.09%	9
Better street lighting	46.46%	46
Better trail access	20.20%	20
Community center	23.23%	23
Community gardens	21.21%	21
Complete sidewalks	50.51%	50
Outdoor winter ice rink	27.27%	27
Playground improvements	10.10%	10
All-ability equipment	17.17%	17
None	6.06%	6
Other (please specify)	7.07%	7
<b>Total Respondents: 99</b>		

### Q37 What form of transportation do you use the most?

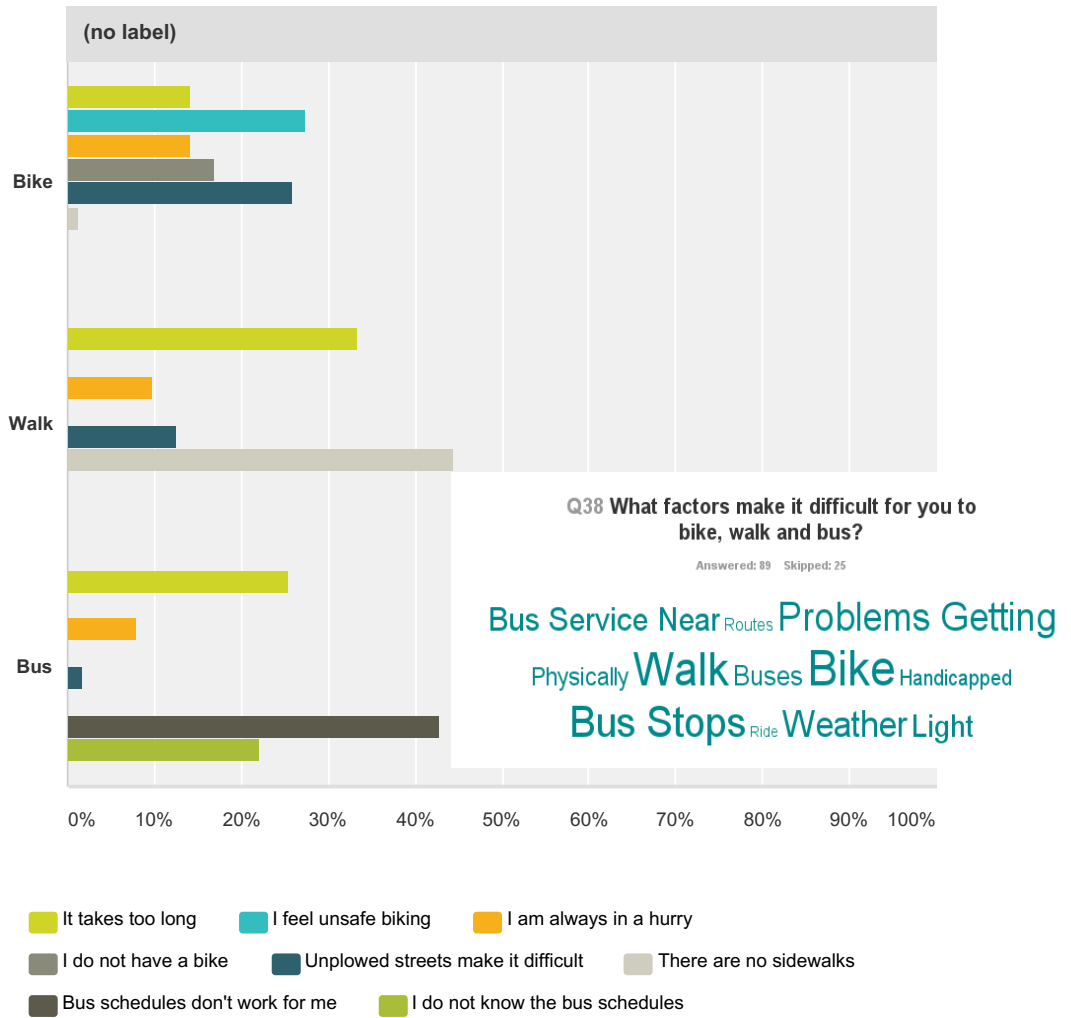
Answered: 103 Skipped: 12



Answer Choices	Responses
Bicycle	9.71% 10
Bus	3.88% 4
Car	79.61% 82
Car pool	0.97% 1
Motorcycle or scooter	0.97% 1
Walking	0.97% 1
Other (please specify)	3.88% 4
<b>Total</b>	<b>103</b>

### Q38 What factors make it difficult for you to bike, walk and bus?

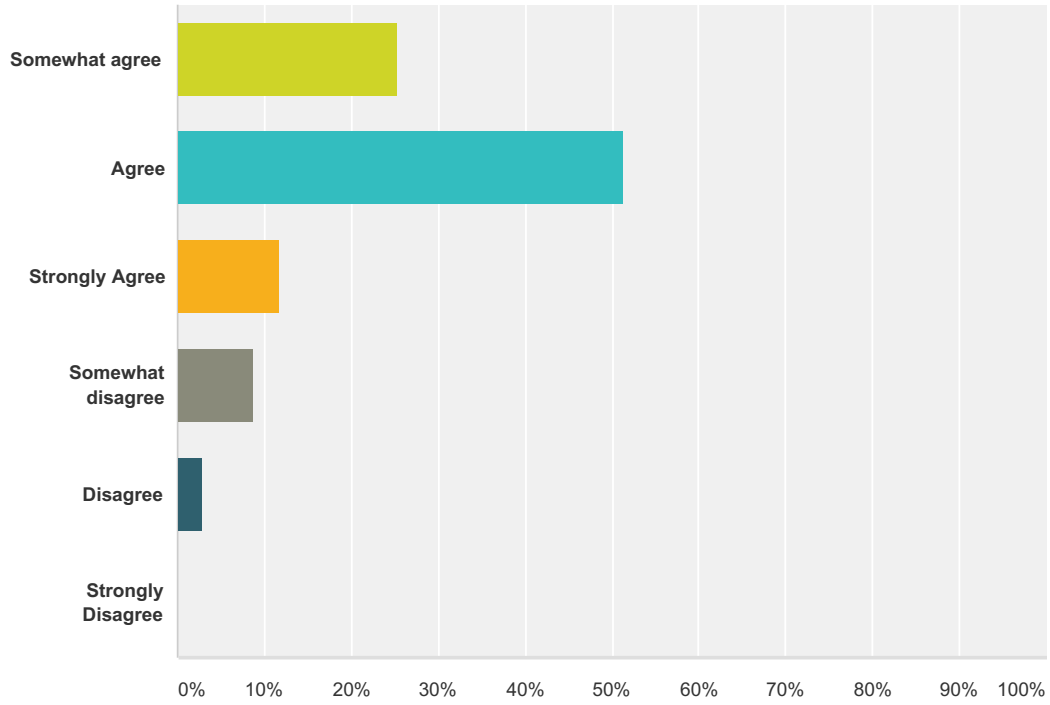
Answered: 90 Skipped: 25



(no label)									
	It takes too long	I feel unsafe biking	I am always in a hurry	I do not have a bike	Unplowed streets make it difficult	There are no sidewalks	Bus schedules don't work for me	I do not know the bus schedules	Total
Bike	14.29% 11	27.27% 21	14.29% 11	16.88% 13	25.97% 20	1.30% 1	0.00% 0	0.00% 0	77
Walk	33.33% 24	0.00% 0	9.72% 7	0.00% 0	12.50% 9	44.44% 32	0.00% 0	0.00% 0	72
Bus	25.40% 16	0.00% 0	7.94% 5	0.00% 0	1.59% 1	0.00% 0	42.86% 27	22.22% 14	63

### Q39 My neighborhood is safe.

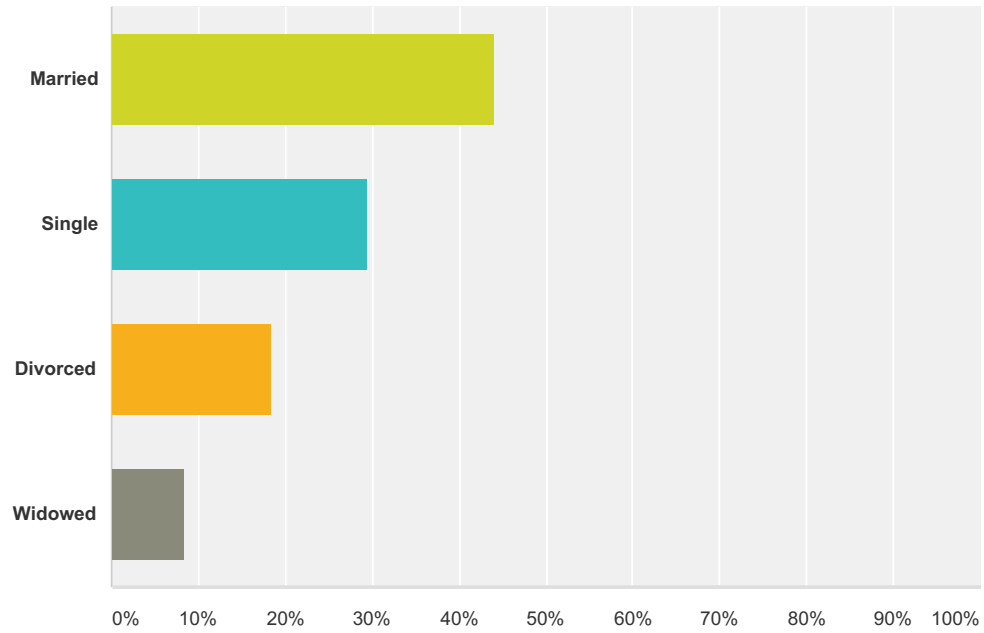
Answered: 103 Skipped: 12



Answer Choices	Responses	
Somewhat agree	25.24%	26
Agree	51.46%	53
Strongly Agree	11.65%	12
Somewhat disagree	8.74%	9
Disagree	2.91%	3
Strongly Disagree	0.00%	0
<b>Total</b>		<b>103</b>

### Q40 What is your martial status?

Answered: 109 Skipped: 6

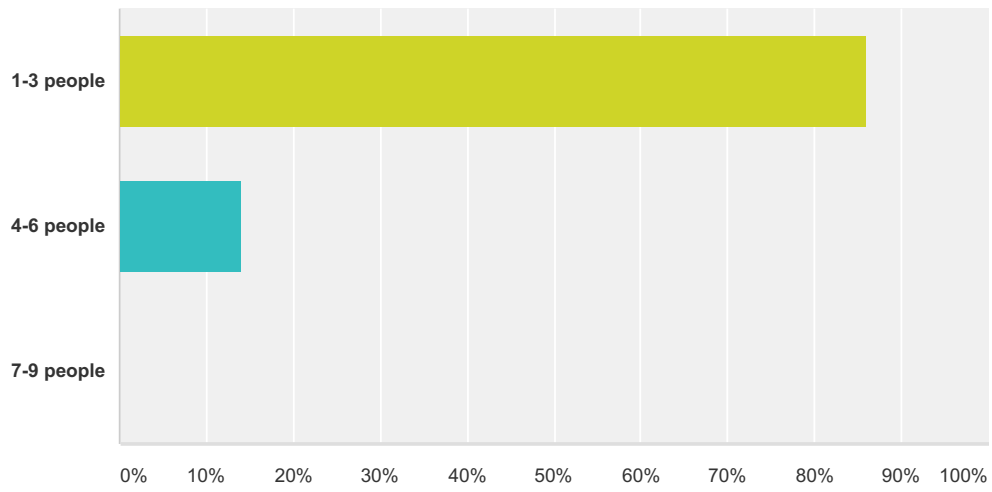


Answer Choices	Responses
Married	44.04% 48
Single	29.36% 32
Divorced	18.35% 20
Widowed	8.26% 9
<b>Total</b>	<b>109</b>



### Q41 How many people live in your household? Count yourself.

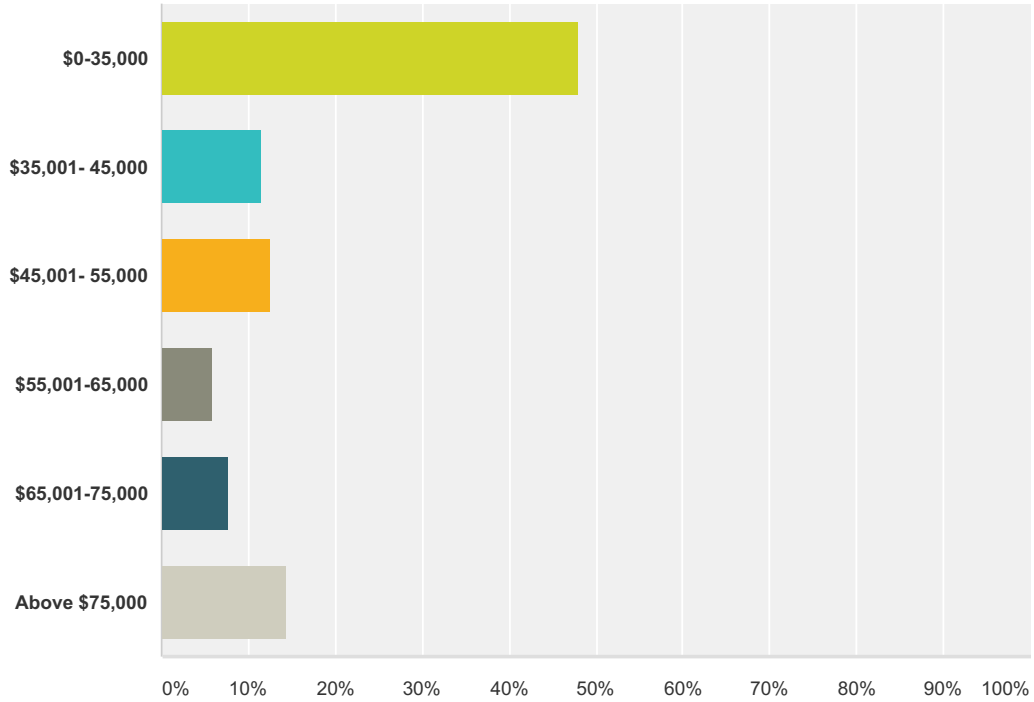
Answered: 108 Skipped: 7



Answer Choices	Responses
1-3 people	86.11% 93
4-6 people	13.89% 15
7-9 people	0.00% 0
<b>Total</b>	<b>108</b>

### Q42 What is your total gross annual household income?

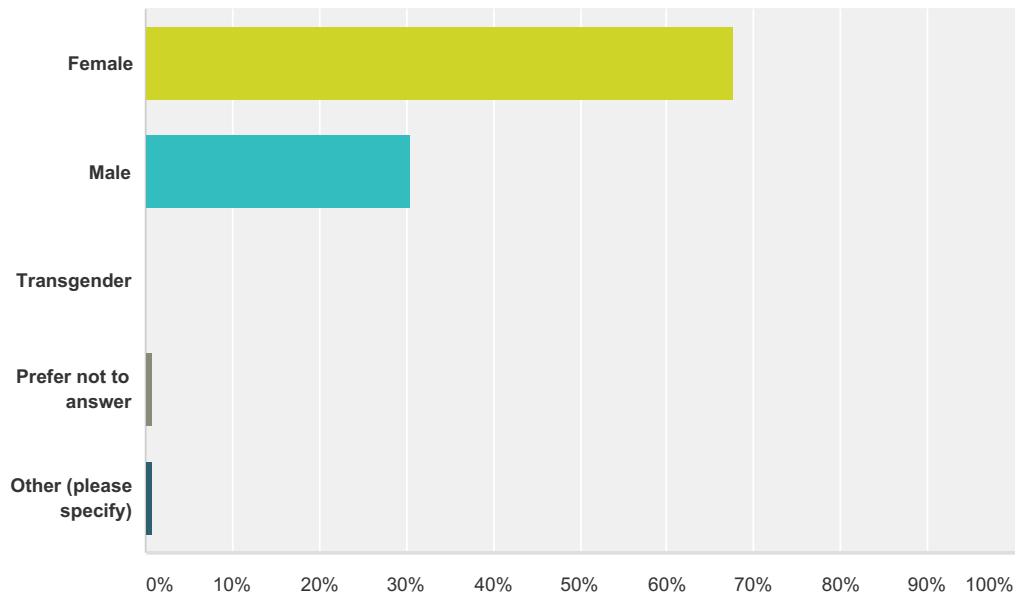
Answered: 104 Skipped: 11



Answer Choices	Responses	
\$0-35,000	48.08%	50
\$35,001- 45,000	11.54%	12
\$45,001- 55,000	12.50%	13
\$55,001-65,000	5.77%	6
\$65,001-75,000	7.69%	8
Above \$75,000	14.42%	15
<b>Total</b>		<b>104</b>

### Q43 How do you define your gender?

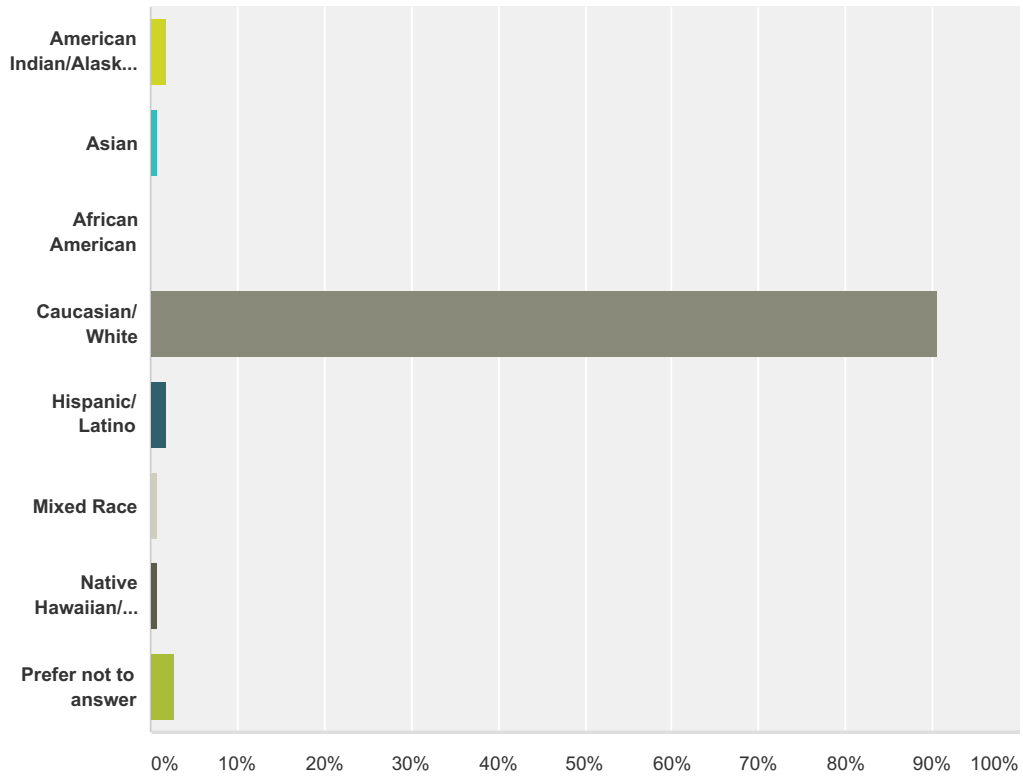
Answered: 108 Skipped: 7



Answer Choices	Responses
Female	67.59% 73
Male	30.56% 33
Transgender	0.00% 0
Prefer not to answer	0.93% 1
Other (please specify)	0.93% 1
<b>Total</b>	<b>108</b>

### Q44 What is your race?

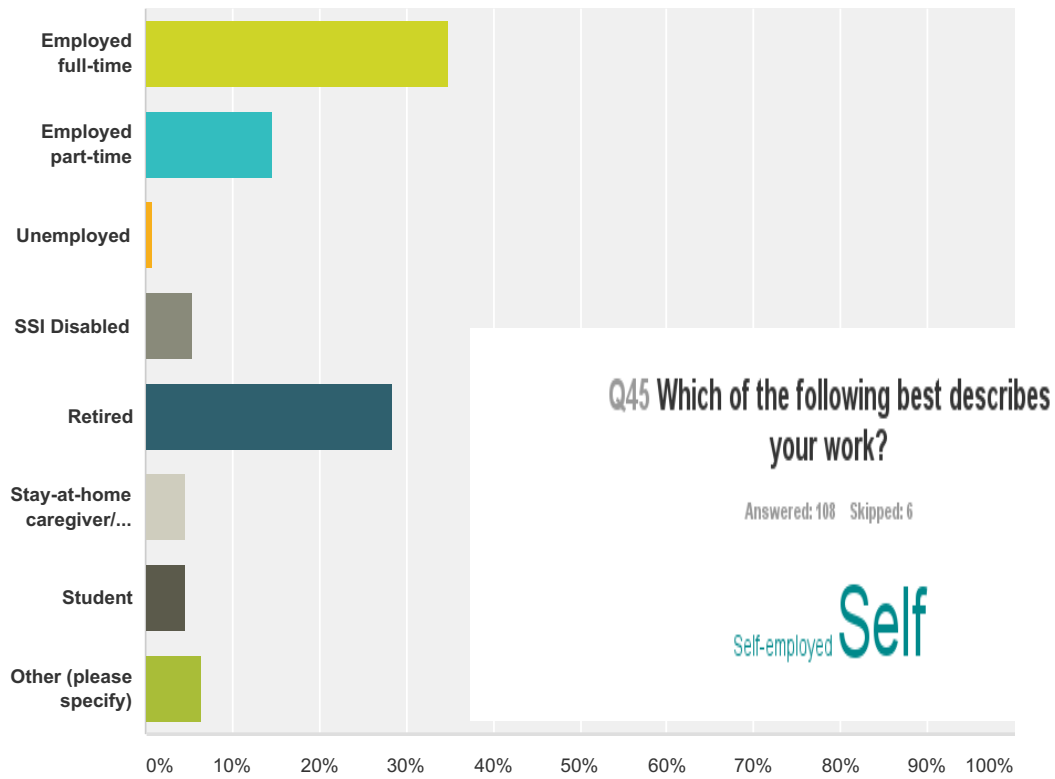
Answered: 107 Skipped: 8



Answer Choices	Responses
American Indian/Alaskan Native	1.87% 2
Asian	0.93% 1
African American	0.00% 0
Caucasian/ White	90.65% 97
Hispanic/ Latino	1.87% 2
Mixed Race	0.93% 1
Native Hawaiian/ Pacific Islander	0.93% 1
Prefer not to answer	2.80% 3
<b>Total</b>	<b>107</b>

### Q45 Which of the following best describes your work?

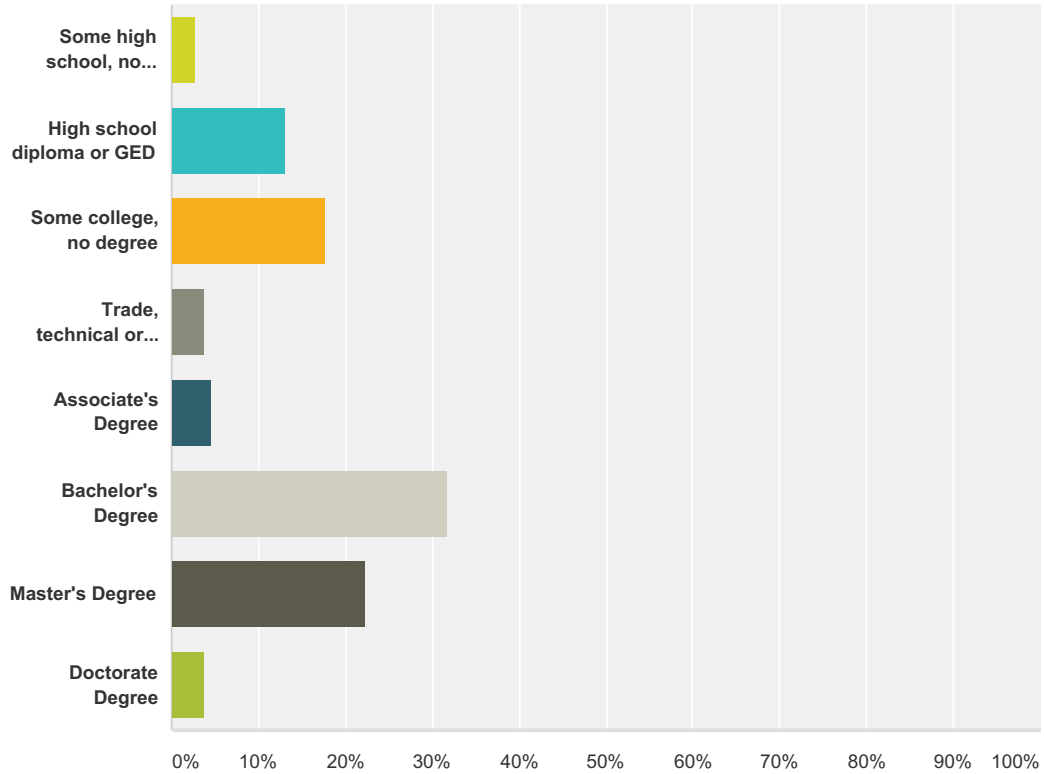
Answered: 109 Skipped: 6



Answer Choices	Responses	
Employed full-time	34.86%	38
Employed part-time	14.68%	16
Unemployed	0.92%	1
SSI Disabled	5.50%	6
Retired	28.44%	31
Stay-at-home caregiver/ Parent	4.59%	5
Student	4.59%	5
Other (please specify)	6.42%	7
<b>Total</b>		<b>109</b>

### Q46 How much schooling do you have?

Answered: 107 Skipped: 8



Answer Choices	Responses
Some high school, no diploma	2.80% 3
High school diploma or GED	13.08% 14
Some college, no degree	17.76% 19
Trade, technical or vocational training	3.74% 4
Associate's Degree	4.67% 5
Bachelor's Degree	31.78% 34
Master's Degree	22.43% 24
Doctorate Degree	3.74% 4
<b>Total</b>	<b>107</b>

**Q47 Write in your Name, Email and Phone Number and we will clip the ticket to enter you for a cash prize. Each neighborhood will have three cash prize drawings: \$300, \$200, OR \$100 Your answers will remain anonymous.**

Answered: 80 Skipped: 35

Answer Choices	Responses	
Name	100.00%	80
Company	0.00%	0
Address	0.00%	0
Address 2	0.00%	0
City/Town	0.00%	0
State/Province	0.00%	0
ZIP/Postal Code	0.00%	0
Country	0.00%	0
Email Address	91.25%	73
Phone Number	100.00%	80