

## Water Park Lifeguarding/ First Aid and CPR/AED for the Professional Rescuer

Gain the knowledge and skills you need to save a life and get a great job! Course incorporates self-study through online training and lecture/ skill practice at the pool with experienced instructors. Candidates must be 15 years of age on or before the final day of class. Candidates must also be mature and able to complete the swim prerequisites below, stop by Currents and complete the pre-test BEFORE you register. Successful participants receive national certification in Lifeguarding-First Aid.

**NOTE: Apply for a lifeguard position at [www.ci.missoula.mt.us/jobs...](http://www.ci.missoula.mt.us/jobs...) successful applicants are paid to take this course!**

### Swim Prerequisites

- Swim 300 yards continuously using front crawl and breaststroke.
- Swim 20 yards using front crawl or breaststroke, surface dive to a depth of 8.5 feet & retrieve a 10lb. brick.
- Tread water with no hands for 2 minutes.
- Demonstrate maturity and self-control.

Fee: \$90 (Sorry, no CityCard discount.)

ACTIVITY #	<a href="#">1151700</a>	CURRENTS AQUATICS CENTER	
DAYS	DATES	TIME	SECTION #
M & W	Mar 28 - Apr 13	5:30 - 9 pm	<a href="#">1EVE8</a>
Mon-Sat	Apr 25-30	M-F: 5:30-9 pm Sat: 8 am-12 pm	<a href="#">1EVE10</a>
Mon-Sat	May 9-14	M-F: 5:30-9 pm Sat: 8 am-12 pm	<a href="#">2EVE10</a>

## American Red Cross Water Safety Instructor

To be eligible for this course, candidates must be 16 years of age on or before the final day of class, and must possess and display maturity and self-control. Candidates must also be able to demonstrate skills that meet at least American Red Cross Learn-to-Swim Level 4 performance criteria during the pre-course session (first day scheduled.)

A course book will be provided the first day of class. Successful participants will receive the Water Safety Instructor Certificate which recognizes them as possessing the tools to teach course offerings within the American Red Cross Learn-to-Swim and Water Safety programs.

**Apply for a WSI position at [www.ci.missoula.mt.us/jobs...](http://www.ci.missoula.mt.us/jobs...) successful applicants are paid to take this course!**

Fee: \$180. (Sorry, no discounts available.) Register for this course with Parks and Recreation. You'll receive email instructions to complete blended learning course materials through the Red Cross prior to the start of the class.

DAYS	DATES	TIME	ACTIVITY #	SECTION #
T & Th	Mar 29 - Apr 21	5 - 9 pm	<a href="#">1152100</a>	<a href="#">1EVE8</a>